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# Muckleshoot MONTHLY



Vol. XI No. 6

Muckleshoot Indian Reservation, Wash.

JUNE 15, 2011



First Lady Michelle Obama participates in a Three Sister's planting with Native youth at the White House Garden.

## First Lady leads healthy food initiative

WASHINGTON, DC – At a recent White House Dinner for German Chancellor Angela Merkel, guests shared a unique link to Indian Country when they dined on vegetables that were harvested by 22 American Indian children invited to the White House in conjunction with the launch of *Let's Move! in Indian Country* (LMIC), the First Lady's initiative to promote healthy lifestyles among Native American children.

LMIC is a comprehensive initiative dedicated to solving the problem of obesity within a generation. Its four main goals are to create a healthy start on life, develop healthy learning, increase physical activity, and improve access to affordable, healthy and traditional foods.

The First Lady and Native children harvested the spring crop and planted another in the White House's "three sisters" garden. The three sisters – corn, beans and squash – are traditional Native American crops planted together to grow in a mutually beneficial manner: the corn provides a structure for the beans to climb, eliminating the need for poles; the beans provide the soil with nitrogen that the other plants use; and the squash spreads along the ground, blocking the sunlight and preventing weeds.

To learn more about Michelle Obama's healthy foods initiative, go to: <http://www.doi.gov/letsmove/indiancountry>.

## Artwork presented to Tribal Council



PHOTO BY JOHN LOFTUS

The fireworks stands on the KingGeorge property began to take on a new look when artist John Vera came upon the scene about ten years ago. Vera, a Mescalero Apache, has painted many stands since then and has also made a lot of friends at Muckleshoot. In return for the kindness the community has shown him, he recently made a gift of the large painting pictured above, which was accepted by Tribal Chair Virginia Cross.

## TRIBAL SCHOOL RECEIVES ACCREDITATION

It's been a long hard road, but the Muckleshoot Tribal School has finally reached a key milestone: full accreditation by the Northwest Accreditation Commission.

"I think that getting the school accredited is a great opportunity for kids and teachers alike," Tribal Chair Virginia Cross said. "The staff has done a great job, and reaching this goal is something we can all be proud of."

For years, MTS operated under provisional accreditation, but with its magnificent new facility and successful sports teams, it became clear that the time had come to tackle this huge task. Joseph Martin, Assistant Tribal Operations Manager for Education, offered praise for the team effort that made achievement of this goal possible:

"Receiving formal accreditation is an incredibly significant accomplishment. It means that MTS has achieved the rigorous teaching and learning standards, support standards, and continual improvement standards established by the NAC.

Accreditation certifies that the school has undergone a process of intense self-examination that has been validated by an outside team of educational experts. In addition, NAC accreditation will ensure that academic credits earned at MTS will be fully transferable to all other accredited



FINAL APPROVAL: The Northwest Accreditation Commission meets with MIT Education officials on May 24, 2011.

high schools and will be accepted by colleges and universities.

The accreditation process will help our school administrators and the School Board develop clear curriculum, assessment programs, and student learning expectations for the

upcoming school year. That effort will include a strong focus on integrating Muckleshoot culture into all school systems and programs. Ensuring that all of our students have a strong connection to tribal culture, heritage and traditions is a fundamen-

tal tenet of the school experience.

I truly appreciate all of the students, staff and parents who dedicated themselves and actively participated in the year-long accreditation process at the Muckleshoot Tribal School."

## The Gift of Life...

When Jessica Garcia submitted this for publication, I'm sure she thought it would go on the Family Page or somewhere else farther back in the paper, but what she has to share is so touching that it deserves Page One placement. I know that this will bring back memories to several of our readers who also shared the "Gift of Life" in similar ways with a beloved family member. You know who you are!

My Family and I would like to thank everyone for the prayers and support during a most difficult time. As most of you know my daughter Alicia was diagnosed with Leukemia January of this year. She needed a bone marrow transplant.

Her older sister Olivia was a perfect match for her and was her bone marrow donor. The bone marrow transplant took place April 5<sup>th</sup> and Alicia is responding well to her sister's bone marrow and is doing well. Alicia still has a ways to go, but we have been through the roughest part of this journey in my opinion.

Alicia celebrated her 13<sup>th</sup> Birthday on June 12<sup>th</sup> and our family wants her know how beautiful, strong, smart and awesome she is. Alicia, you have really shown us great strength and patience with all you have been going through. We are so proud of you and we love you so very much!

We would also like to wish Olivia a Happy Belated 14<sup>th</sup> Birthday! Her birthday was days before transplant on April 3<sup>rd</sup>. We are so very proud of Olivia as well. She has given her sister the gift of life. We love you so much, Olivia. You are very special, beautiful, smart, strong and so helpful. We want you to know that you are appreciated for all you do.

I want to wish my sister Madrienne a Happy Belated Birthday! Her birthday was back in March. Life has been hectic and I'm late with everything. I love you and appreciate all you do. My girls and you have been my strength through everything and have kept me going when I just wanted to shut down at times. Thank you!

I want to say a special thank you to Pam and Stan James for all their help with everything and all they do. We love you guys!

We also have a new addition to our family. Farrah Angel-Marie Jones she was born April 26, 2011. We are very happy and blessed to welcome our new baby girl to our family.

Love,

Mom, Dad, Aunt Mads, Matt, Olivia,  
Lil M, Lauryn, Farrah, Grams & G



Olivia and Alicia at Children's Hospital, February 2011.



Olivia and Alicia sleeping at Children's Hospital on April 3, 2011, Olivia's Birthday.

PHOTO BY JOHN LOFTUS



**Tribal School Accreditation  
Another Milestone for Muckleshoot Education**

With graduation season once again here it is an appropriate time to reflect on the tremendous progress the Tribe has achieved in developing one of the finest education systems in the region. The Tribe's early commitment to invest heavily in the Muckleshoot Department of Education Programs such as the Early Childhood Education Center (ages 0-5, including Birth-to-Three and Head Start); Muckleshoot Child Development Center; Muckleshoot Tribal School (K-12); Education Support Services Division (Youth Services Program, Recreation and Activities, Job Corps and Drop-In Center); and the Higher Education Division (Tribal College, Financial Aid and Scholarship Program) is a reflection of the Tribal Council's belief that the best investment we can make is in our people.

One of those investments, the Muckleshoot Tribal School, has gained wide recognition for its excellent programs and student achievement since its opening less than two years ago. This year the Tribal School received accreditation by the Northwest Accreditation Commission, one of the nation's six acknowledged accreditation agencies.

Receiving accreditation is a significant achievement for the Tribal School, its students, staff and parents. It means that the school has met the very high teaching and learning standards, support standards and continual school improvement standards established by the Commission. Accreditation also certifies that the school has undergone rigorous self-examination and validation by an outside team of peers. It ensures academic credit earned at Muckleshoot is fully transferable to other accredited high schools and will be accepted by colleges and universities.

Accreditation is a demanding undertaking that engages students, staff and community in a process of continual improvement through assessment, planning, monitoring and reassessment. It helps move the school toward excellence in an orderly and systematic way. The year-long accreditation process at Muckleshoot involved teams of educators coming together to identify the core issues of what student should learn, how to assess student academic progress, how to help those students who need extra help and how to enrich the learning experience for students who achieve academic goals. Students, staff and parents were also closely involved in the accreditation process.

The accreditation process will help school administrators and the Tribal School Board develop clear curriculum, assessment programs and student learning expectations for the upcoming school year. That effort will include a strong focus on integrating Muckleshoot culture into all school systems and programs. Ensuring that all Muckleshoot students have a strong connection to tribal culture, heritage and traditions is a fundamental tenant of the school experience.

The Tribal Council sees education as a lifelong journey and the foundation for a strong and vibrant future for the Tribal community. As we celebrate this year's graduation and the great strides we have made in developing a strong education system let us also extend thanks to all of the students, parents and staff who work so hard to make all of this possible.



**2011-2012 MUCKLESHOOT TRIBAL COUNCIL**

FRONT ROW, L - R: VIRGINIA CROSS, CHAIR; CHARLOTTE WILLIAMS, VICE-CHAIR; VIRGIL SPENCER, SECRETARY; MARCIE ELKINS, TREASURER. BACK ROW: KERRI MARQUEZ, MARK JAMES, DONNIE JERRY, MIKE JERRY SR., MARIE STARR



*The Muckleshoot Canoe Family...*

Invites you to join us on Tribal Journey 2011 Paddle to Swinomish. Once again, there are guidelines we must follow, so attending weekly meetings is mandatory to participate in the journey. We meet at 6:00 PM every Tuesday at the Canoe Clubhouse, and on Monday evenings we work on crafts and regalia.

We can always use more pullers, help with the ground crew, plus singing and dancing. If you think you might be interested, come on out and give it a try. You can contact Walter, 253-876-3153, or Mike, 253-876-3282.



**Norma Rodriguez**

Beloved Elder Norma Rodriguez passed away on Tuesday, June 14, 2011. A complete obituary will appear next month.

**Blessing Ceremonies**

**WHEN:** Tuesday, June 21, 2011 10:00AM – 1:00PM  
**WHERE:** New Elders Center (site) & Sheriff Building

The Muckleshoot Spiritual & Ceremonial/Repatriation Committee invites you to participate and attend the Blessing Ceremonies at the Elders Center (construction site near Behavioral Health Facility) at 10:00am and the King County Sheriff's Sub-Station (in front of the Resource Center) at 11:00am on Tuesday June 21, 2011. Please join us for the luncheon at the Sla-Hal Shed immediately following the Blessing Ceremonies. The Muckleshoot Spiritual & Ceremonial/Repatriation Committee welcomes and encourages your participation.

**GRADUATIONS**

Because graduation ceremonies were still taking place as this edition of the *Muckleshoot Monthly* went to press, all graduation-related items will be saved for the July edition. Deadline for submissions is Friday, July 1.

**MUCKLESHOOT TRIBAL MEMBERS:**

**Quarterly General Council Meeting  
scheduled for June 23, 2011.**

Our next Quarterly General Council meeting has been scheduled for **June 23<sup>rd</sup> at 6:30 PM at the Pentecostal Church.**

**AGENDA:** If you are interested in being on the agenda, please Contact Tribal Council support staff by **June 10<sup>th</sup> by 4 PM.** We will need a list of your concerns or topics that you would like to speak about in order to be considered to be placed on the agenda.

**IMPORTANT  
ELECTION NOTICE**

Please update your mailing address with the enrollment office so that you can be contacted to participate in the 2012 Tribal Election process. It is very important that your updated information is received before September 2011 so that you will receive all information and notifications regarding the 2012 Tribal Elections.

Thank you for your participation,  
**THE MIT ELECTION COMMITTEE**  
Ada McDaniel, Election Administrator  
MA, ENVC

**NOTICE FROM ENROLLMENT**

Tribal enrollment cards are now being issued; however, until the posting on the Washington State Liquor Control Board website, there may be a brief period for notification of licensees, at which time your Tribal ID may not be accepted. If possible, please carry a second form of ID.

**SUBSCRIBE TO THE MONTHLY...**

The *Muckleshoot Monthly* is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:

**MUCKLESHOOT MONTHLY**  
39015 - 172nd Ave. SE,  
Auburn, WA 98092

clip and return

**SUBSCRIPTION REQUEST / ADDRESS UPDATE**

New subscription  Address change

Name \_\_\_\_\_

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

If this is an address change, list previous address:

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

I am a Muckleshoot tribal member,  
 I have ties to the Muckleshoot Tribal Community

Please explain: \_\_\_\_\_

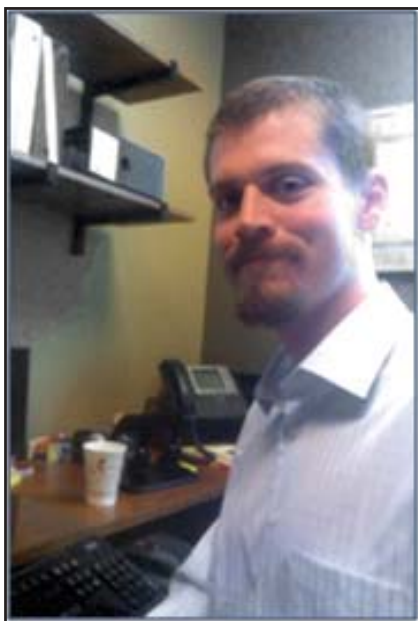
Muckleshoot Tribal Council

Virginia Cross, Tribal Chair  
Charlotte Williams, Vice-Chair  
Virgil Spencer, Secretary  
Marcie Elkins, Treasurer  
Mark James  
Donald Jerry Sr.  
Mike Jerry Sr.  
Kerri Marquez  
Marie Starr

**Muckleshoot Monthly**  
John Loftus, Managing Editor  
39015 172nd Avenue SE  
Auburn, WA 98092  
muckleshoot.monthly@yahoo.com

## FREE Estate Planning and Will Drafting for Muckleshoot Members!

The Institute for Indian Estate Planning and Probate at Seattle University School of Law will be assisting the Muckleshoot Tribe of Indians starting May 23, 2011, to draft new wills OR change existing wills that will comply with Tribal, State, and Federal law.



Hello, and I hope to see you soon! Isaac Sturgill.

Isaac Sturgill, an intern with the Institute working under the direction of Attorney Erica Wolf, will be able to meet with Muckleshoot tribal members up until July 22, 2011. Isaac will be working in the Philip Starr Building (39015 172nd Ave SE), and his office hours will be Monday through Wednesday, from 9am to 5pm.

You need a will if you are over 18; you have, or may acquire, trust land, non-trust land, or personal property; you have children or step-children under 18; you want to leave property to someone who is not in your immediate, blood family; you want to leave income from an interest to a non-Indian spouse; or if you want to stop further fractionation of your land.

If you pass away without a will, federal law will determine who receives your trust land, but with a will you have many more options! Durable power of attorneys, healthcare power of attorneys, and living wills are also available.

If you are interested in learning more or having your will written, please contact Isaac Sturgill by phone at (828) 399-9243 or by email at isaac.sturgill@muckleshoot.nsn.us.

All services are free to any American Indian, regardless of tribal enrollment or ownership of trust land.

# "MEMORIAL" I LOVE YOU

**June 23, 2011 ~ Muckleshoot Shaker Church**  
**Headstone Setting @ 10:00 a.m.**  
**Dinner 12:00 noon @ Shaker Church**  
**Giveaway after Dinner**

## William "Bill" Garfield

William "Bill" a/k/a "Squeaks" Garfield, 77 years of age and a longtime Auburn, Washington resident, died on Sunday evening, May 29, in Auburn. An enrolled member of the Quinault Indian Nation, he was born on November 3, 1933 in Hoquiam to Myron and Alice (Morris) Garfield.

Bill was raised by Frank "Pete" and Ellen (Jo) Pickernell, and Alice and Jay Heddrick and attended school in Taholah and Buckley.

He enjoyed participating in social functions in the Taholah and Muckleshoot areas and also enjoyed general shopping, his dogs, cooking, playing bingo, clam digging, going to casino, working in his yard, and watching his favorite TV shows – Jeopardy and the Wheel of Fortune. He loved to travel, loved crossword puzzles, and spending time at the Muckleshoot Senior Center.

William is survived by one brother, Steve Heddrick of Auburn, Washington; one sister, Marlene Heddrick of Burien, Washington; and several nieces, nephews, friends and family.

Services were held on June 1st, 2011 at the Coleman Mortuary in Hoquiam, WA, followed by graveside services and interment in the Taholah Cemetery and concluding with a dinner for family and friends at the Taholah Community Center.

# THE JUNIOR ACHIEVEMENT TRIBAL LEADERSHIP EXPERIENCE

(psssttt... parents, it's free!)

## A Summer Experience you won't forget

**Do you want to:**

- Learn how to control how your money is spent?
- Learn the successful habits of personal finance?
- Earn a savings account of up to \$150?
- Work directly with community and tribal leaders?
- Have an incredible two-week experience?

...then we have an awesome summer experience for you!

**Information:**

This could be the most exciting two weeks of your summer! Have fun while you earn money, and end up parasailing, playing extreme paintball or enjoying an incredible boat trip. As a student "employee" of JA Finance Park, you can earn \$20 per day by participating in fun learning experiences. As your earnings grow, you can pay for your expenses from your own savings account.

If you complete the entire program, you will have earned \$100 or more in a KeyBank or Bank of America savings account. Keep the balance at \$100 or higher for a period of six months, and the Bank will reward you with an additional \$50!

During the program you will enjoy good food, get a cool T-shirt and have fun at some really great activities like movies, bowling and adventure sports.

**Register Now!**

Space is limited  
 Attention, Tribal Members: Would you like to volunteer as a chaperone, driver or assistant? We especially need your help on August 8.

**Contact:**  
 Fawn James Hutchens  
 Phone: 253-876-3099  
 fawn.james@muckleshoot.nsn.us  
 Sue Elkin  
 Phone: 206-808-5870  
 sue@jashington.org

**Details:**

- Program activities will be held at various sites including the beautiful JA World Facility in Auburn. Transportation provided.
- **Times:**  
 Monday - Friday  
 August 8 - 12 and 15 - 19  
 10:00 AM - 2:00 PM
- Tribal Council members will be present on August 8 and August 19 for opening and closing ceremonies.
- Participants must be 14 - 21 years old and attend 9 out of 10 days to be eligible for certain activities.\*
- Parent or guardian permission is required to open a savings account if age 17 or under. Other rules and regulations regarding new accounts also apply.

See administrator for details

PHOTO: STEVEN MILLER

### In Loving Memory of Jeannette B. Morrison



Words escape me as pen meets paper attempting to express my thanks & appreciation to friends & family that were there for the family of Jeannette Brown Morrison-Miller.

We all struggle in our own selves, striving to go forward in a positive manner as our Mom would have wanted us to. Though we struggle by ourselves, we still have love in our hearts for each other, and hurt as we see our siblings hurt, because we are all a part of each other.

This past year has been a most trying year for each one of us, not one more than the other.

It's hard each day, fighting the desire to call on Mom, to turn on the road into Davis to share any sad news, bad news, achievements, or just to say hello.

We are blessed with most cherished memories of this beautiful woman.

Mom was a strong woman; spiritually, mentally & physically. Letting her go was a hard thing to do. It's easy to say, "she's in a better place." I will always feel like the better place is in our presence.

I admire people I see that have already gone through

the loss of their mother, because it seems they did so with such grace. It might be because we don't see the broken hearts, eyes full of tears, moments of sheer loneliness and anger. (anger because we have to let go)

I still cannot speak of the suffering she had gone through, as it is too heartbreaking.

It feels very good to know that she is with our eldest sister whom our Mom missed always, our Grandma Ethel, her grandsons that she cherished so, Grandma Barr & Mom's little brother Jonny that she always cried for. So we know that our Mom is in good company.

It'll feel good to see my sisters, nieces & nephews dance in the powwows, honoring our Mother, carrying on the traditions our mom worked so hard to instill in our lives.

May God Bless & be with our step-father Dale Miller who was the best mate to our mother, & be with each & every one of Mom's children, grandchildren, great-grandchildren, sister's & brother's, nieces, nephews, aunts & uncles, friends, cousins, powwow staff & lives that Mom's life touched. I don't want to leave anyone out. My Mom always made it a point to acknowledge each & everyone she crossed paths with.

~ Marcellina & James DeLaTorre

### TRIBAL LEADERSHIP EXPERIENCE REGISTRATION

10:00am - 2:00pm  
 (Activity days may be longer, prior notice will be given)  
 Aug. 8th - Aug. 19th 2011  
 Age- 14 thru 20

Camper Name \_\_\_\_\_ Age \_\_\_\_\_

Home Address \_\_\_\_\_ Home Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Home Email \_\_\_\_\_

Camper is Muckleshoot? Y or N Enrollment Number \_\_\_\_\_ Muckleshoot Descendent? Y or N

Mother's Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Father's Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

Relationship to Camper \_\_\_\_\_

T-shirt size (adult) S M L XL XXL  
 \*Breakfast & Lunch included

Send registration form and medical release form to:  
 Junior Achievement of Washington  
 Attn: JA/Muckleshoot Tribal Leadership Experience  
 1610 Perimeter Rd. SW  
 Auburn, WA 98001  
 206-808-5870  
**DEADLINE: 5:00 PM on Aug 3rd, 2011**

**MEDICAL RELEASE**

I do hereby grant permission to Junior Achievement of Washington and their respective agents and employees to secure such medical aid and hospital services as they deem necessary for the child noted on this form in the event that he/she should sustain injury or illness while attending a summer camp program. I agree to assume the cost for transport and medical treatment in such an emergency situation. I have also indicated below any medical information of which the camp should be aware in consideration of the child's physical and mental well being.

Camper Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Family Doctor \_\_\_\_\_ Phone \_\_\_\_\_

Special Notes (allergies, etc.) \_\_\_\_\_

**Family Health Care Information**

Insurance Carrier \_\_\_\_\_ Group Name \_\_\_\_\_

Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

**PHOTO RELEASE**

YES, my student has my permission to be photographed, recorded or videotaped at the JA Tribal Leadership Experience.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Contact: Fawn James /Finance Department  
 Phone: 253.876.3099 / 253-939-3102  
 Email: fawn.james@muckleshoot.nsn.us

# Memorial Day Dinner 2011

PHOTOS BY GARY KISSEL





## 2011 Keta Creek Fishing Derbies

The Keta Creek Fishing Derbies are summer time family oriented events for Muckleshoot Members and their families. These Tribally funded trout fishing opportunities include breakfast, lunch, snacks, fun and games for all ages. Bait, fishing tackle, ice, and fish sacks provided. Scheduling of games, contests, and other events will added when possible, or deleted when necessary. Please direct questions, comments, or suggestions to Gail Larsen at (253) 876-3178

Date/Time	Event	Other information
June 18, 2011 8:30-2pm	<b>Kids Derby-</b> Fishing for kids 12 and under.	PeeWee's Pond for all kids 12 and under Fishing prizes for kids and door prizes for adults
August 13, 2011 8:30-2pm	<b>Family Derby-</b> All ages fishing	Piñata Games for the kids/ Contests for all ages Family oriented prizes, door prizes for adults
September 24, 2011 8:30-2pm	<b>Fall Classic -</b> All ages fishing.	Contests for all ages/ Free Rain Ponchos provided Family oriented prizes, door prizes for adults.



## Things You Should Know About Clam Digging

1. Beware: You can get sick from clams harvested at Adelaide Beach, Alki Beach, Redondo, Lincoln Park, Salt Water State Park and all other beaches between Seattle and Tacoma. They are all potentially polluted and are closed by the Department of Health.
2. Tribal members can dig clams at the Tribe's property on Vashon Island. There are lots of butter clams and some steamers, horse clams and cockles at the beach. Directions are provided at the end of this list.
3. Fisheries staff will be routinely testing the clams at the Vashon beach for "red tide" to insure the clams are safe to eat. Always check on the Fish Hotline (1-800-FISH-NOW) for results to see if the Vashon tidelands are open.
4. The Vashon tidelands are rocky and digging clams is more difficult than at sandy or gravel beaches. A clam shovel works well and some folks use a garden fork, but small clam rakes do not work very well.
5. If you want to go to the property by personal boat, the Fisheries Division will provide you with a chart to locate the tidelands and a good place to anchor or beach your boat.
6. The driveway at the property has a locked gate so call the Fisheries Division: 253-876-3131 to get the combination to the locked gate and updated red tide results.
7. Check the ferry schedule that is printed here with the tide charts. There is a fee for the ferry from Fauntleroy (West Seattle) to Vashon.
8. Fisheries staff will also be organizing clam-digging trips to Vashon Island for Tribal members who would like to visit the property for a half-day outing, call Andy at the Fisheries Division, if you are interested.
9. There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED markers.
10. Oysters can be harvested from the area marked with GREEN buoys and only with an Oyster Harvest Permit, which are available from the Fisheries office.

.....CLIP and SAVE.....

## Directions to get to the Tribe's Clam Beach on Vashon Island

Take I-5 north to the West Seattle Bridge exit. (One exit north of the Swift/Albro exit)

Go west on the bridge to West Seattle – at the top of the hill you will be on Fauntleroy Ave. After the Buick agency stay on Fauntleroy – it takes an easy left. Follow the signs straight to the Fauntleroy/Vashon ferry.

Make sure to take the Vashon ferry, not the Southworth ferry.

On Vashon Island, follow the main road (Vashon Highway) up the hill (south) about 1.8 miles from the ferry dock.

The Tribe's property driveway is on the LEFT side of the road and is marked with a "Muckleshoot Indian Tribe" sign. The driveway is a dirt road and there is a locked gate about 100 yards down the driveway. The combination is \_ \_ \_ \_ . (Get combination at Fisheries Office before leaving).

After the gate, follow the driveway all the way down to the small parking lot next to a small shed – just past the portable toilet. The trail to the beach is marked with a sign: "Beach Trail".

Once down on the beach, to find a good place to dig clams, walk to the right (south) for a few minutes and try digging half-way to the water.

It is easier to dig clams with a small shovel (not a rake) and remember to protect the young clams by back filling all holes.

### Notice:

**Please return all expired Oyster Permits to the Fisheries Office**

To be eligible for another Oyster Permit you must return old ones – even if you didn't harvest any oysters.

Questions? Please call Andy Dalton at the Fisheries Office - 253-876-3131

### First Salmon Dinner & Ceremony 3pm

**Friday - June 24, 2011**  
**Pentecostal Church**

### Fauntleroy (West Seattle) / Vashon

Crossing Time: Approximately 20 minutes (45 minutes via Southworth)

Monday through Friday				Saturday and Sunday			
Leave Fauntleroy				Leave Fauntleroy			
5:20	10:40	4:00	8:55	5:20	11:45	4:00	8:00
5:50	11:40	4:40	9:20	6:05	12:20	4:20	9:20
6:10	11:55	5:00	10:20	6:55	12:50	4:40	10:20
6:45	12:20	5:40	11:40	7:35	1:20	5:10	11:40
7:05	12:55	6:00	12:55	8:35	1:40	5:40	12:55
8:25	1:20	6:30	2:10	9:15	2:00	6:20	2:10
9:05	1:40	7:05		10:10	2:20	6:40	
9:25	2:45	7:35		10:45	3:00	7:20	
10:20	3:05	8:05		11:10	3:20	7:40	
Leave Vashon				Leave Vashon			
4:05	8:15	12:50	7:40	4:50	10:40	2:45	6:55
4:50	8:40	1:50	8:30	5:35	11:15	3:30	7:10
5:20	9:00	2:20	8:50	6:25	11:50	3:50	7:30
5:45	9:40	3:25	9:55	7:10	12:20	4:10	8:50
6:20	10:10	4:30	10:45	8:00	12:50	4:45	9:55
6:40	10:30	5:10	12:05	8:40	1:15	5:10	10:45
7:00	11:30	5:30	1:20	9:20	1:30	5:35	12:05
7:15	11:55	6:30		9:40	1:50	5:50	1:20
7:55	12:25	6:55		10:20	2:30	6:10	

● Via Southworth.  
▲ Loads foot passengers only.

### Keta Creek Kid's Fishing Derby

**When: Sat. June 18th**

**Time:** Breakfast—8:30am  
Fishing—10 to noon  
Lunch—11:30am

**Where:** Keta Creek Hatchery  
34900—212th Ave SE  
Auburn, WA 98092

**Contact:** Gail at (253)876-3178

This event is for Muckleshoot members and their families to come join us at the hatchery for a day of fishing, food, and fun.

Fishing will be for Kids ages 0-12yrs. There will be prizes given for the biggest and most trout caught from our ponds, lots of different activities, and plenty of food to eat. For fishing we will provide worms, hooks (No Treble Hooks or Snagging Allowed), fish sacks, ice, and a fish cleaning station. A limited number of fishing poles will be available for sale.

*This is a family event. Drugs, alcohol and weapons are prohibited. Please leave your pets at home. MIT is not responsible for: loss, theft, accidental injury or items damaged. Parcels receiving prizes must fill out MIT prize form; Name, address, phone, SSN*

### CLAM DIGGING TIDES - VASHON ISLAND

June-July 2011

Day	Date	Time to Dig	Low Tide level & time
Friday	June 17th	11:00 am – 2:30 pm	-2.8 ft @ 12:33 pm
Saturday	June 18th	11:30 am – 3:00 pm	-2.1 ft @ 1:16 pm
Sunday	June 19th	12:30 pm – 3:30 pm	-1.2 ft @ 1:59 pm
Tuesday	June 28th	8:30 am – 11:00 am	-0.9 ft @ 9:40 am
Wednesday	June 29th	9:00 am – 12:00 pm	-1.6 ft @ 10:18 am
Thursday	June 30th	9:30 am – 1:00 pm	-2.2 ft @ 10:56 am
Friday	July 1st	10:00 am – 1:30 pm	-2.5 ft @ 11:36 am
Saturday	July 2nd	10:30 am – 2:00 pm	-2.6 ft @ 12:17 pm
Sunday	July 3rd	11:00 am – 3:00 pm	-2.4 ft @ 12:59 pm
Monday	July 4th	12:00 pm – 3:30 pm	-1.7 ft @ 1:41 pm
Tuesday	July 5th	1:00 pm – 3:30 pm	-0.6 ft @ 2:25 pm
Monday	July 11th	7:00 am – 10:00 am	-1.4 ft @ 8:27 am
Tuesday	July 12th	7:30 am – 11:00 am	-2.1 ft @ 9:19 am
Wednesday	July 13th	8:30 am – 12:00 pm	-2.4 ft @ 10:07 am
Thursday	July 14th	9:00 am – 1:00 pm	-2.5 ft @ 10:52 am
Friday	July 15th	10:00 am – 1:30 pm	-2.3 ft @ 11:35 am
Saturday	July 16th	10:30 am – 2:00 pm	-1.8 ft @ 12:16 pm
Sunday	July 17th	11:30 am – 2:00 pm	-1.1 ft @ 12:55 pm
Wednesday	July 27th	8:00 am – 10:30 am	-0.7 ft @ 9:07 am
Thursday	July 28th	8:30 am – 11:30 am	-1.4 ft @ 9:51 am
Friday	July 29th	9:00 am – 12:00 pm	-1.9 ft @ 10:34 am
Saturday	July 30th	9:30 am – 1:00 pm	-2.1 ft @ 11:15 am
Sunday	July 31st	10:00 am – 1:30 pm	-2.0 ft @ 11:57 am
Monday	August 1st	11:00 am – 2:00 pm	-1.5 ft @ 12:39 pm

Note: Vehicle load limits may be in effect on multiple destination sailings.

# Marcy LaClair - Eric Mathias Wedding

## April 21, 2011



Just Saying hello to everyone in Muckleshoot!!!!

I wanted to just drop line and say hello to everyone in Muckleshoot. I have been enjoying my work in the South West in my new position as the Department Secretary for Water and Science. One and while I touch base with family, but I do miss everyone!!! So this is what I have been up to. I have met with many tribal leaders getting to know their issues and relay them to the Assistant Secretary so we can address them. As you can imagine navigating through the many issues that tribe have in the Federal government tribal relationship can be trying at times but I really think that over time we will make a great deal of progress. I feel that working for the Obama administration is a historic opportunity for me to make some really great progress. Well anyway I hope everyone back home is doing well!!! I have sent some pictures from my travels.

Take Care Everyone!!!

John Halliday  
Muckleshoot Tribal Member



This is a photograph of me and the Hualapai Tribal Council.



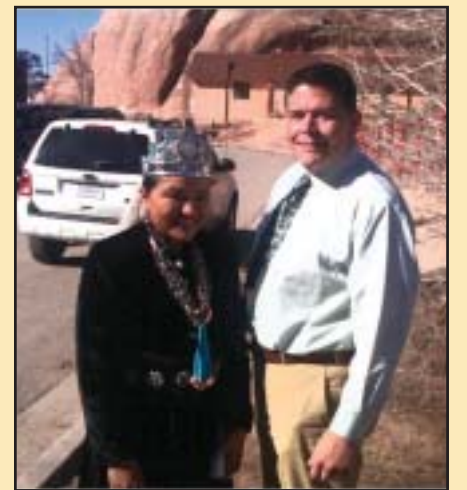
I flew in to the bottom of the Grand Canyon Havasupai by helicopter.



This is photograph near our house of where we are living in Sedona Arizona.



This is a photograph of me and the Governor and Lieutenant Governor of the Zuni Tribal Council.



This is a photograph of me and Miss Navajo Nation in Window Rock Arizona.



This is a picture of my wife Tobi and I at the Grand Canyon.



This is what it looks like in the town of Supai in the bottom of the Grand Canyon. There are no cars and everyone gets around by horse.



This is a photograph of Zuni dancers.



This is what it looked like flying in.



This is a photograph of me and Ben Shelley the President of the Navajo Nation.



This is a photograph of me and the Chair and V-Chair of the Havasupai from the bottom of the Grand Canyon



This is a photograph of my friend Thelma. I was invited by a Zuni Tribal Council member to his home for dinner. This is his mom pictured showing me how she still knows how to carry a traditional pot on her head as they did in the old days. She is the matriarch of the Zuni Sun Clan.



This is a blessing ceremony being done of a Grand Canyon meeting place being conducting by an Apache medicine woman.



This is a Navajo dressed as the Statue of Liberty selling Tax Return processing in Flagstaff.

## TRIBAL STUDENTS LEARN ABOUT NATIVE PLANTS AS A PART OF THEIR CULTURE

The freshman class at MTS had the opportunity to learn from a local Muckleshoot elder, Ms. Renee Lozier-Rojas. This Washington State/Tribal History class studied various classroom materials on plants of the Pacific Northwest. Then they took to the outdoors and immersed themselves in a hands-on experience with Lozier-Rojas. She taught students exactly how members within her tribe once used, and continue to use, plants from the surrounding region for various purposes.

The WA State/Tribal History class of freshman hiked the Mt. Peak trail in Enumclaw, frequently stopping for lessons with Lozier-Rojas. The students learned that red huckleberry plants are abundant in the Northwest and have been a source of food for generations of Northwest natives, animals and people alike. Along with edible plants being used for food, students learned other purposes for plants.

The following comments reflect how much the freshman class learned from their local elder. "I learned that the stem of the nettle plants can be used to make a very strong rope." Another student wrote, "I learned that the devil's club can be used for brain tumors." And others wrote that, "Sweet after Death smells good after it is picked and left to dry in the home, it was used as an aroma." One commented, "I also learned that the red cedar tree was a very important plant to our people, it was used for so many things."

Obviously, students learned a lot about plants, from Lozier-Rojas. More importantly, however, they learned from her why the Muckleshoot culture has such great respect for nature.

*Ms. Hildebrand*  
MTS HS History Teacher



WA State Tribal History class taking a break.



Learning about the mighty Red Cedar.



Renee 'Rosa' Lozier-Rojas.

## MTS Wood Shop Creations



## Drum Class Field Trip

MTS high school students in Mr. Jason Garcia's Drum Class participated in a very memorable field trip on Sunday, May 22<sup>nd</sup>. They spent the day at Seattle's Qwest Field observing the Seattle Seahawks' "Blue Thunder" Drum Line in action during one of their weekend practices.



Throughout the season, this professional drum line, sponsored by the NFL team, has many public performances such as home games, parades, and concerts. Every year, each member must audition in order to be accepted into the group and to determine what their position will be.

The students were able to observe performance techniques on marching snare drums, tenor quad drums, melodic bass drums, and cymbals. They also saw how professionals conduct themselves during rehearsals of large and small groups, and during individual practice.

After rehearsal, individual members made themselves available to answer the students' questions, to demonstrate techniques, to give individual instruction, and to allow them to experience performing on professional equipment. This experience heightened the students' awareness of what is possible on the drum, what a highly accomplished player sounds like, and what is required to achieve this level of accomplishment.

Students were encouraged to further their musical study and to persevere when challenges arise. The MTS drum students would like to thank the "Blue Thunder" and their Musical Director, Michael Roling, for an experience that has ignited their desire to continue playing the drums in the future.

**Jason Garcia**  
Music Teacher  
Muckleshoot Tribal School  
(253) 931-6709 EXT. 3775



**Muckleshoot Tribal School**  
It's that time of year again.  
If you plan to have your children attend MTS for 2011/2012 school year it is time to register. You can pick up applications at the Coho office. If you wish to have one sent to you please call (253)931-6709 ex 3747.  
Updated application is required each year.

**NEXT MONTH: Poster Contest!!**

# MTS Elementary Reading Update

Three more Muckleshoot Tribal School elementary groups have graduated onto another reading level including our second kindergarten group! This kindergarten group (Amiah Pedro, Carl Long, Noah Guevara, Tyrell Nichols, and Jada Sparks-pictured separately) completed 160 reading lessons to mastery this year.

Our second grade group (Jeremiah WhiteEagle, Kathy Platt, Jesse Garcia-Zamora, and John Starr) have finished our second grade reading curriculum and have already begun to work on third grade reading! Morgan Moses has been diligently working with teacher Denise Renteria to complete his *Reading Mastery* program.

When you see these students, please congratulate them on a job well done. They would also love to read for you! As the end of the school year is here, please remember to continue to read with your students during the summer.

Happy Reading,

Sadie Pritchard



Kindergarten Readers



Morgan



2nd graders



Jada

## Top 10 Tips for Reading at Home

1. Read with your children at least once every day!
2. Have a variety of reading materials at home to read.  
-Books, magazines, newspapers, cook books, comic books, song lyrics, food labels, even the back cover of videos and DVD's.
3. Notice what interests your child, then find books about those things.
4. Again! Again! Again! Children may want to read the same book many times, even if you think they have out grown it.
5. Tell stories together. This is a fun way to pass on family history and build listening and thinking skills.
6. Use strategies: Discuss new words, ask questions, talk about pictures, let your child see and touch the book.
7. Encourage older children to read with younger children.
8. Read aloud to your child. Point to each word as you read them. Read to babies even before they can talk.
9. Set aside a regular reading time for your family. Have a family reading area where you read together for 10-30 each day.
10. Praise your child's efforts in listening and reading.

## 3<sup>rd</sup> Graders take field trips to Pacific Science Center and Seattle Aquarium

The MTS 3<sup>rd</sup> grade classes (Ms. Kaili and Ms. Cinnamon) went to the Pacific Science Center on May 13 and to the Seattle Aquarium on May 20. Both trips were linked to our Science learning goals. Students had a great time with the hands-on stations at the Science Center. They watched a 3D IMAX movie called, *Born to Be Wild*. At the Seattle Aquarium, students got to see and even touch marine animals and take a class about tide pool animals.



# SPORTS

### Way To Go Lana!!

MTS Kings varsity fast pitch team had a great season and ended up being second in their league, which led them to the District Finals on May 21, 2011 in Stanwood. They lost, but we are very proud of them, especially their pitcher Lana Tsosie, for showing everyone that not everything is about the boys sports team and that the girls can be just as good.

This was the school's very 1<sup>st</sup> fast pitch team and we would like to congratulate them, as well as the coaches, for putting Muckleshoot Tribal School on the map.

Lacey, Cameron, Lee



## MTS GIRLS FASTPITCH TEAM LOSES STATE BERTH, BUT GAINS RESPECT

By Lee Reichert

MTS Girls Fastpitch Softball gathered inspiration, skill, and dedication in the final month of the season to qualify for a district playoff and a chance at a berth into the state championships. The season ended in that playoff with a hard fought loss to Heritage Christian at Stanwood HS.

We took an early 3-0 lead with strong hitting, smart running, and superior tactics. The years of experience however, put Heritage Christian over the top, with a final tally of 30-7. Highlights of the game against Highland: Christian Keilani Moses went 2 for 3 and scored one run. Morningstar Frank went 2 for 3 with a triple and scored 3 times. Pitching for the Lady Kings were Lana Tsosie and Morningstar Frank.

The Lady kings finished 2nd in the league, 3rd at districts. Without question, we gained an incredible measure of confidence and respect down the stretch. Be sure to congratulate them for their remarkable season. The Lady Kings for 2011 are Keilani Moses, Carlee Eyle, Lana Tsosie, Morningstar Frank, Lucinda Moses, Kali Comenout, Jenel Hunter, Alice Purcell, Shalena Summers, OJ Johnson, Kendra Bean and Monique Valles.

I'd like to like to thank the girls for all their hard work and dedication to the team. We had a great season and I am so proud of all you.

### Kings Baseball Team Has Solid First Season

The Muckleshoot Kings Baseball team finished its season one-step away from the playoffs! The Kings tied for 2<sup>nd</sup> in the Sea-Tac 1B league, but didn't achieve a victory against Mt. Rainier Lutheran in order to gain a playoff berth to face Lummi.

The Kings had a strong first season, including 7 lettermen: Nate Anton, Chezeray Starr, Charles Starr, Sean Daniels, Kevin Higgins, Stacey Sam and Antonio Cabanas. Xavier Fulgencio, Ryan Oldman, Bubba Simmons and Eli Hunt also put forth a great effort for the Kings, achieving participation awards.


Some of the players are already getting a jump on next season, with weight-room workouts, plans to play on an Auburn Parks summer team and off-season batting practice. The passion is alive for baseball on the MTS campus, as the Kings look to build on a solid first season and shoot for a playoff run in 2012!

Go Kings!



## Grass Dance Special

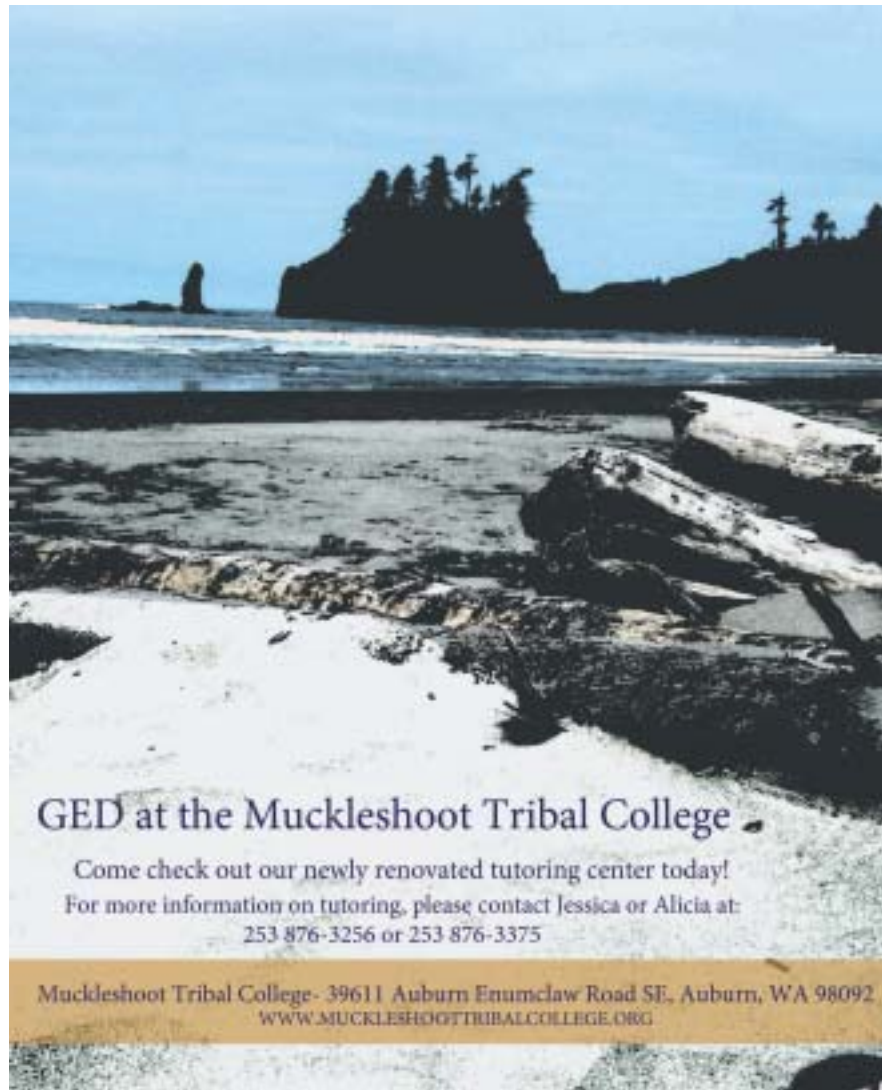
IN MEMORY OF  
**CAMERON HAWLEY-JOHNSTON**



HELD AT  
**Muckleshoot Veteran's Pow-wow**

**JUNE 25, 2011**  
**TEEN BOYS AGES 13-17      FOUR PLACES**

FOR INFORMATION CONTACT: GRANT TIMENTWA 253-876-3327



### GED at the Muckleshoot Tribal College

Come check out our newly renovated tutoring center today!  
For more information on tutoring, please contact Jessica or Alicia at:  
253 876-3256 or 253 876-3375

Muckleshoot Tribal College - 39611 Auburn Enumclaw Road SE, Auburn, WA 98092  
WWW.MUCKLESHOOTTRIBALCOLLEGE.ORG

### Northwest Indian College Seeks -Part Time Faculty

Math \* English \* Humanities \* Social Sciences \* Natural Sciences \* Native Studies \* Continuing Education

**Academic Faculty** must have a Masters degree in subject area or similar field and experience working in Native American communities.

**Continuing Education** instructors wanted to conduct workshops in art, fitness, cooking, and more. Instructors must have knowledge in specific subject area.



Please submit resume and cover letter to:  
**Harmony Blancher**  
NWIC Site Coordinator  
253.876.3274  
hblancher@nwic.edu

## Complete Your Degree and Make a Difference in Your Community



In partnership with the Muckleshoot Tribe, Antioch University offers a B.A. Completion program at the Muckleshoot Tribal College with concentrations in the following areas:

- Leadership and Organizational Studies
- Human Development and Learning
- Individualized Studies

Apply by Aug. 31st for Fall quarter • Classes Begin October 2010

[www.antiochseattle.edu/BA](http://www.antiochseattle.edu/BA)

## ANTIOCH UNIVERSITY

SEATTLE

Contact: Jessica Porter, First Peoples Program Coordinator, 206-406-3472, jporter1@antioch.edu

### GED Exam Schedule

*Remember: Dates are Subject to Change. Please Call College to Confirm Dates!*

Testing Dates are

**June 17**  
**July 1, 15, 29**  
**August 5, 12, 19**  
**September 16, 23, 30**

*Arrive Early!* You may choose one test per session

- 9:00 Reading, Social Studies, Science
- 10:30 Reading, Social Studies, Science
- 12:30 Math or Language Essay
- 2:45 Reading, Social Studies, Science

If you are planning on taking 4 tests in one day then do your Essay at 12:30 & do your Math the next testing session.

- Passing a Pre-Test with a 450 score is Mandatory before taking the GED test
- Prior to taking your first test please ask our GED staff to give you our GED Orientation & Pre-Register before testing day, we do not recommend you wait until testing day. Please allow for 20-30 minutes. You must have all of your paperwork completed before entering the testing room.
- On testing day you must bring/provide 1) picture ID 2) proof of passing a pre-test 3) proof of payment 4) age 19 & under must provide "waiver" form 5) a completed and signed "General Education Development testing" form.
- Please be waiting outside the GED examination door Rm. #207 at least 10 minutes before testing.

Contact Mitzi Judge @ Muckleshoot Tribal College 253-876-3395 [mitzi.judge@muckleshoot.net](mailto:mitzi.judge@muckleshoot.net)  
Or Tribal College Main Office 253-876-3183 [www.muckleshoottribalcollege.org](http://www.muckleshoottribalcollege.org)  
GED Instructor's Phone Number Alicia 876-3375 or Jessica 876-3256  
Located at 39611 Auburn Enumclaw Road SE, Auburn WA 98092  
MTC is open to everyone to attend regardless of race/ethnicity

## GED Tutoring

**Free to all community members**

- One-on-one tutoring
- Private study space available
- Assistance in obtaining accommodations due to learning disabilities

**Monday-Friday 9am to 5pm**  
**Muckleshoot Tribal College room 203**

For tutoring: Jessica Porter at 253-876-3256 or Alicia Woods at 253-876-3375

For testing questions: Mitzi Judge at 253-876-3395  
NOTICE: The GED agency is re-creating their tests, and all existing test scores will be voided after January, 2012. This means that *if you have taken any tests in the last 10 years, those tests will be invalid after January, 2012.* Please come and see us ASAP about finishing your GED!

\*\*REMINDER\*\*

## HIGH SCHOOL GRADUATION DINNER




If you know of a Muckleshoot student scheduled to graduate with the class of 2011, please contact Scholarship staff Christina Chagolla to assure all students are recognized.

Muckleshoot High School Graduation Dinner

**Friday June 17, 2011**  
**6:00—9:00 pm**  
**Muckleshoot Casino**  
**Coho/Chinook Room**

(All minors must enter through back door/banquet entrance)

For question please CONTACT  
Scholarship Program  
Christina Chagolla  
(253) 876-3370

### CALLING ALL CLASS OF 2011 MUCKLESHOOT TRIBAL MEMBERS

If you are someone you know is a Muckleshoot Tribal Member or Descendant and is scheduled to Graduate with the upcoming Class of 2011, please contact the Scholarship Department to assure all students are recognized for our upcoming High School Graduation Dinner.



Please contact the Scholarship Department  
Christina Chagolla  
253-876-3370



TEN YEARS AGO: 2001-'02 Skopabsh Senior and Junior Princesses, Melanie Moses and Shellee Baker

## GED Film Series




Time: 1:00  
Date: Every Monday

Come watch a film and practice your analytical and critical thinking skills. We will follow up the movie with a group discussion and an engaging writing exercise.

For more info call: 253 876-3375  
Muckleshoot Tribal College  
Room 205  
39811 Auburn Enumclaw RD  
Auburn, WA 98092  
WWW.Muckleshoottribalcollege.org

### Did you earn your GED at the Muckleshoot Tribal College?

If so, we'd like to hear your story.  
Please contact Jessica or Alicia at:  
253 876-3256 or 253 876-3375



# THE FIRST AMERICANS

REMEMBER WHEN...

## Muckleshoot Pre-Voc Session V

The Muckleshoot Vocational Education Project is (was) a grant through the Department of Education. Its purpose is to provide educational training to Indian persons living within the Muckleshoot service area of Auburn, Enumclaw, Kent, Federal Way, and Renton.

The project is divided into two phases. Phase 1, also called the Pre-Vocational Session, is classes designed to prepare the student for Vocational training. The classes offer instruction in occupational awareness, basic skills development, self-esteem, values clarification, study skills, and expected school and job behaviors. Students attend classes for 3 hours a day, Monday through Friday, for 12 weeks. These classes meet at the Muckleshoot Community Center and are offered several times a year.

Phase 2 begins when a student who has completed Phase 1 starts full-time (6 hrs/day) at Renton Vocational Technical Institute (RVTI). (There is usually a waiting period of several weeks between the end of Phase 1 and the beginning of Phase 2). During Phase 2 the student attends classes full time in the occupational field they have chosen. Some classes such as Cash-

ier/Checker are completed in only 12 weeks, while others such as Auto Mechanics take 2 years to finish.

Any Indian who is 16 years of age or older and living in the Muckleshoot service area can apply for the project.

**EDITOR'S NOTE:** This article and photo were part of a publication entitled *The First Americans*, which was produced by the students of the fifth Muckleshoot pre-vocational session. Editors were Becky Sheldon, Gerald Wagner and Robert Elkins. Writers were Tina Kingeorge, Judy Wayne, Norma Eyle, Liz Eyle and Sharon Laclair. Photographers were Angel Sneatlum, Greg Lezard, Donna Crombie, Diane Verlander, Kerri Brown, Mark James, Charlie Sailto, Robert Helmbrecht and Robert Elkins, with graphics by Lorraine Moses and Gerald Wagner.



## HEADSTART FATHERHOOD PROGRAM PARTICIPANTS ATTEND MARINERS GAME

By Tyrese Lopez

On Sunday May 29, 2011 we had our first-ever Fatherhood event at the Seattle Mariners game. Although the Mariners lost to the Yankees, the Muckleshoot Head Start program was a winner with a great turnout for this event. We had over 20 participants attend and we received great compliments from staff, parents, and all the attendees. The Mariners recognized our attendance on the diamond screen for all to see as well.



Engaging with fathers, grand-pas, uncles and father figures is important to early childhood Development. A national Head Start Research and Evaluation Project has launched research relating to the role that fathers play in the lives of their infants, toddlers and pre-schoolers, in their families, and in the programs in which they participate. One of our main goals for the start of our Fatherhood program here at Muckleshoot is to help educate, and work with families, the children's fathers and others to develop a bond while participating in different activities and outings.


This focus on Male Involvement and Fatherhood has been successful this past year. We have had an increase in overall participation from the entire family; however, more fathers and males that are involved in our student's lives have been showing up and participating in all areas of the Head Start Program. We are working on more developments, with some of our interested 'fathers,' to continue with monthly activities and workshops on Male Involvements this next year.



**MUCKLESHOOT YOUTH FACILITY**

**Hours of Operation**  
 SUNDAY: Closed  
 MONDAY: Closed  
 TUESDAY: 12:30-9:00pm  
 WEDNESDAY: 12:30-9:00pm  
 THURSDAY: 12:30-9:00pm  
 FRIDAY: 3:00pm-11:30pm  
 SATURDAY: 12:30-9:00pm

**MIT YOUTH FACILITY**  
 38624 172nd Ave. SE  
 Auburn, WA 98092  
 Phone: 253-876-3383



*Stop in today to enroll your youth in the program. We offer a variety of activities, games, crafts, field trips and more. We also provide transportation and meals to all youth participants. Please inquire within for details on how to get your youth involved.*


## Youth Facility

# CALLING ALL YOUTH

The Youth Facility is welcoming all youth between the ages of 5-18 to join our program. The Youth Facility is open Tuesday through Saturday after school and in the evenings. We offer a variety of activities every day from arts & crafts to recreational games to cultural activities. We also offer homework time every weekday to help you with your homework problems. In addition we regularly go on off site field trips and have monthly Family Fun Nights. All you have to do to join the fun is stop in and fill out an enrollment packet, and let the fun begin!

**MIT YOUTH FACILITY**  
 38624 172nd Ave. SE  
 Auburn, WA 98092  
 Phone: 253-876-3383

For any questions please call us at  
**253-876-3383.**



**...because we care.**



## Free Early Childhood Enrichment

The following programs are available for you & your family:

**Muckleshoot Birth to Three**  
(serves infants/toddlers 0 to 36 months & their families)

**Muckleshoot Head Start**  
(serves 3 to 5 year olds & their families)

**Look what we have to offer:**

**Birth-3:**

- Developmental Screenings & assessment
- Developmental Monitoring
- Early Intervention Services:
  - Speech/Language Therapy
  - Occupational Therapy
  - Specialized Instruction
- Group or Individual Play in a safe/ nurturing environment to promote language, motor, social/emotional, adaptive, & cognitive development
- Transportation
- Meals
- Recreational Activities (fieldtrips).

**(253) 804-9695**  
What you teach from Birth to Three is what will matter most to me.

**Head Start:**

- Qualified Teaching Staff
- Transportation
- Free Meals
- Quality Education in Preparation for Kindergarten
- Parent Involvement with Exciting Projects
- Opportunity for Parents to become "TEACHERS"
- Full-Day or Half-Day Instruction
- Vision & Hearing Screenings
- Field Trips
- Early Childhood Special Education Services:
  - Speech/Language Therapy
  - Occupational Therapy
  - Specialized Instruction

**(253) 876-3224**  
Where preparation meets potential. Educating our future leaders.

## Thanks for the memories...

Over the past 30 years, I have many. That's how long I have been associated with the Muckleshoot tribal members, in one capacity or another.

In the early 80's I worked down the hill at Fisher Drugs, a local pharmacy that had the best candy selection in Auburn. The store had a little post office, and contracted to fill Indian Health prescriptions for many Muckleshoot tribal members. Back in the day, there was just a very small clinic where Ann Hurd and Barbara Schneider saw patients and called prescriptions in to either Fisher Drugs or A & H Pharmacy.

If I close my eyes, I can see the tall and proud Wally Paul walking through the door on any given day. I can also see sweet Eva Jerry (Kiyah), who had the most wonderful smile for everyone she met; or maybe Virginia Cross, always in a business suit, on her way home from work at the Auburn School District's Administration Office. Great memories!

The King George family lived across the street from that store. Warren and Kristine, still in high school at the time, would stop in on regular basis for candy, Zip wax to wash Warren's new car, and maybe the occasional prescription.

At that time, I worked in the pharmacy as a technician, so I was able to serve and get to know many of you. While working at Fisher Drugs, I decided to return to school to become a pharmacist – a profession I had truly come to love. The year was 1991. My son was now in college and I figured that it was now or never.

Sadly, Fisher Drugs closed before I graduated in 1996, but I did have the opportunity, once again, to work with the Muckleshoot Health Clinic. As a pharmacy student, I was lucky enough to fill the first prescription on the day

the clinic opened their pharmacy in the little building over by Human Resources. Great memories!

Our paths would cross again in 2009 when a position became available at the Health and Wellness Center Pharmacy. I have been so fortunate to be able to renew old friendships, see familiar faces, make new friends, and take an active part in the healthcare of my patients.

As I head into retirement at the end of June, I would like to thank each of you for all the wonderful memories you have given me over the years I have been involved with the Muckleshoot Community. I feel privileged and proud to have worked at such a fantastic clinic that is truly committed to the health and wellness of its Tribal members. I will miss you all, and hope you will stop in to say good-bye.

Thanks for the memories!

*Vickie Brown*

Pharmacy Manager



### CONTRACT HEALTH SERVICE (CHS)

#### NOTIFICATION REQUIREMENTS

## CHS OFFICE (253) 939-6648

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

#### ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

**July:**

- Outdoor Youth Recreation Night
- Summer Field Trip Series: Pacific Science Center
- Wellness Center Summertime Family Bash: Featuring Muckleshoot's Got Talent Contest and Family Fun Night

**August:**

- Youth Outdoor Scavenger Hunt
- Summer Field Trip Series: Wild Waves & Enchanted Village
- Youth Adventure Club: Swimming Adventure Field Trip

\*Details including dates and times will be announced no later than one week prior to the upcoming months activities!  
For questions, please contact Jessica at the Wellness Center 253-333-3616 or [jessica.neumann@muckleshoot-health.com](mailto:jessica.neumann@muckleshoot-health.com)

**Is Heroin Running Your Life?**

**There is help.**

**Call 253-804-8752**

### Muckleshoot Health and Wellness Center Medical Clinic

#### Appointment and No-Show Policy

Effective 07/05/11

To be as efficient as possible and to better serve you and your family members as soon as we can, we are going to be making some changes and implementing an Appointment and No Show Policy for medical-related, dental, optical, massage therapy, CHRs/transportation and behavioral health services. This change is happening because there are too many people that continually make appointments for these services and they never show up to the appointment. This impacts your appointments, because they make an appointment, don't show up and your appointments are made around these chronic No Shows. Your appointments are set back every time they don't make it. If we have four (4) No Shows in a week, that means your appointment will be made later because they will want to schedule another appointment again for the next week. These are appointments that could "you" could have had – you could have been seen sooner. The people who break appointments, hold up appointment times for you and your family. For those of you that are always make your appointments on time, you won't even notice the change – the people that will have a problem with this new policy are the ones that continuously have trouble keeping their scheduled appointments.

In order to ensure that we see everyone in a timely manner, we are going to ask that you call to cancel a scheduled appointment 24 hours prior to a scheduled appointment. This allows for our providers to schedule other people who may be waiting for an appointment. If you do not call to cancel at least 24 hours in advance, you will be considered a "no-show" for that appointment, there may be exceptions to this depending on the circumstance.

If you fail to show for an appointment, it is your responsibility to call and reschedule.

Anyone who misses a scheduled appointment in the morning will not be allowed to see a provider at the medical clinic during a same-day or walk-in appointment that same afternoon.

You should arrive 10 minutes prior to your scheduled appointment time. If you do not arrive by the scheduled appointment time, you will be considered a "no-show" for the appointment and you will have to reschedule your appointment to another time or date. There will no longer be a 10 minute grace time for you to be late for your appointment. If you have a 30 minute appointment and come in 10 minutes late, your appointment is now reduced to 20 minutes and you also have to factor in that you need to be checked in by the Med Assist (to get your vitals etc), now your appointment is down to maybe 15 minutes. The providers can not provide good quality care to you in 15 minutes.

If you fail to show for three appointments in a row OR if you have three no-shows in a three month period, you may be restricted to a selected date/time such as a Tuesday 8:30-9:30 am appointment.

After attending the restricted date/time appointment, you will be able to schedule advance appointments once again at the medical clinic.

To make sure that you are aware:

- We will be sending you a letter every time our records indicate that you no-showed for an appointment.
- Once you have accumulated three no-shows in a row OR three no shows within a three month time frame, we will send you a letter indicating that you will only be able to be seen at a restricted selected date/time appointment.
- If you are given a restricted selected date/time appointment and succeed in keeping that appointment, we will send you a letter to let you know you are eligible to make advance appointments once again.

Also, to help you remember your scheduled appointments, we will continue to try and reach you by phone the day before the appointment to remind you of the time and date of your appointment. However, it will be your responsibility to keep us updated on any address/phone number changes.

Please keep in mind, we are making these changes to make sure everyone can be seen in a timely manner at the HWC.

Thank you,  
Lisa James, Health Director

## BEHAVIOR HEALTH PROGRAM ANNOUNCEMENT:

**The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork.**

**If you have any questions, please call us at: (253) 804-8752**

## Health & Wellness Center Program Hours

### Muckleshoot Health and Wellness Center

	Pharmacy	Wellness Center
Monday	8-5 pm	8am-8 pm
Tuesday	8-5 pm	8am-8 pm
Wednesday	9-5 pm	9am-8 pm
Thursday	8-5 pm	8am-8 pm
Friday	8-5 pm	8am-7 pm
Saturday		10 am-2 pm
Sunday	All Programs Closed	

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHR	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

### Health & Wellness Center Program Closures for July 2011

Monday	07/04/11	All Day	4 <sup>th</sup> of July
Thursday	07/07/11	8-9:30	Monthly All Staff Meeting

**Ask the Dentist....**

Monthly columns brought to you by your staff at the Health & Wellness Center.

**Craig Brandon, D.D.S.**

**Question:**  
Dear Dr. Craig,  
Can using a sports mouthguard make me stronger?

**Answer:**

- Besides protecting the teeth, lips, gums and cheeks mouthguards have other benefits.
- Custom made mouthguards make breathing easier, improving athletic performance.
- Athletes using them report increased muscle strength throughout their bodies.
- In addition, studies show improved health patterns and decreased fatigue from their use.
- If you would like to know more or have a custom sports mouthguard made, come see us at the H&WC Dental Clinic.



**Rachel DiPasquale, D.D.S.**

**Question:**  
Dear Dr. Rachel,  
My mouth is dry and uncomfortable a lot of the time, is there anything I can do about it?

**Answer:**

- Drinking water frequently helps keep the mouth moist.
- Quit smoking.
- Chewing sugar-free gum increases the amount of saliva.
- Avoid mouthwashes that contain alcohol or peroxide as they dry out the mouth.
- Specialized dental mouth rinses that ease the symptoms of dry mouth are also available in the H&WC Dental Clinic.

**Tanya Clarke, R.D.H.**

**Question:**  
Dear Tanya,  
Do I have to floss every day? Is it really that important?

**Answer:**

- Brushing cleans only 80% of your teeth, leaving harmful germs in the spaces between them.
- It is these spaces between the teeth that cause most cavities.
- If you don't like to floss, there are other ways to clean this area.
- Tiny brush like cleaners and toothpick like devices work well to reach between the teeth.
- Come by the H&WC Dental Clinic and we will be happy to help you with your home care.



**MUCKLESHOOT MEN'S EVENT A SUCCESS!**



"The first Muckleshoot Well-Nation event was a blast. It was really inspiring to see such a diverse representation of Muckleshoot Tribal community's men gathered together for a common focus of health, fun, and UFC fights! Hopefully this is just the beginning of many yet to come..."

*Donny Stevenson - Tribal Member  
SPHR Employee Relations Specialist*



"It was awesome to see so many men from the community come together to listen to Gene Tagaban and then share in the excitement of the UFC fights. Working as a fitness trainer usually means improving the physical attributes of an individual. Future gatherings like the first Muckleshoot Men's Well-Nation event will improve all the attributes of our society."

*Dave Turpen  
Fitness Trainer  
Muckleshoot Health and Wellness Center*

"My best first impression of the event was when I walked in, the first person you encounter were the Medical Director, Dr. Bergstrom, and the Behavioral Health Director, Mick Clarke. It's not very often you see these people out of their comfort zone so it was nice to see them more involved with the community. The event was very well organized from the time you walked in the door, pathways that gave us clear direction to the meeting area. I appreciated the fact that the event started on time. There was a special drawing for those of us that were present at 5 p.m. at the beginning of the event. When they said the drawing would be at 5 p.m., it really happened at 5 p.m...there was a good timeline. The gentleman that came to speak was informative and incorporated his own life into a positive message. I appreciated his message about how important it is to take care of yourself and also that you can correct the mistakes you may have made in life to make a better life for yourself. He also emphasized the importance of talking to our younger generation and teaching them how to take care of themselves. The event worked out really well. The sports event is always a popular draw for men's gatherings. I'd like to see and hear from some of the Native American sport stars themselves at future events to deliver their message and tell us how they have succeeded in life."

*Greg Lezard - Tribal Member  
Community Health*

**"Your Suggestions Count"**

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

**Having a problem with pain pills?**

**Does your life revolve around pills?**

**If pills control you instead of you controlling the pills.....**

**Suboxone (Sub-ox-own) referrals and treatment now available @ HWC!**

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:  
Reduce illicit opioid use  
Help patients stay in treatment  
Suppress symptoms of withdrawal  
Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

**For more information please contact Behavioral Health at (253) 804-8752**

**We have a new telephone system designed to make ordering your refills even easier than before.**

1. Dial 253-333-3618
2. Enter your prescription number (located right above your name)



**Dental Clinic Location & Hours (253) 939-2131**



We are located on the 2<sup>nd</sup> floor of the Health & Wellness Center.

Appointment Times	Emergency Walk In Times
Monday 8:00am-5:00pm	8:00-8:20 am.
Tuesday 8:00am-5:00pm	8:00-8:20 am
Wednesday 9:00am-5:00pm	9:00-9:20 am
Thursday 8:00am-5:00pm	8:00-8:20 am
Friday 8:00am-5:00pm	8:00-8:20 am
Closed Daily 12:00-1:00pm	

**Grief is painful and at times the pain seems unbearable, now is the time to seek support!**

**Grief and Loss Support Group**

**with Dr. Sarlak@ the Muckleshoot Health & Wellness Behavioral Health Program**  
**Every Thursday 5:00 pm - 6:30pm**

**Open for everyone, please call Muckleshoot BHP for further questions.**

**253-804-8752**

**Help in Quitting Smoking!**



The Muckleshoot Health & Wellness Center uses and endorses the **Washington State Quitline** to assist in stopping smoking.

**Call 1-800-QUITNOW for free and effective help in quitting smoking.**

# Harvesting Health

by the Nutrition Team  
Colleen Crossett, Dietitian  
and Pam Drake, Nutritional Therapist

I hear that breakfast is important, is that true? What's the best thing to eat if I have a busy morning?

Yes, everyone needs breakfast to fuel the body for the day. Include some protein from meats, eggs or nuts for energy. Even a simple breakfast of peanut butter and fruit or a handful of nuts is going to kick-start your day with avoiding a 10 am crash!

Ideas for breakfast:

- Eggs cooked any way (boil up ahead of time if needed)
- Leftover meat from the night before
- Fruit and peanut butter or almond butter
- Coconut milk smoothie can really give you the energy to start the day and burn off the fuel rather than store it!

### Coconut Milk Smoothie

*Cut out Recipe!*

- 1 cup Fruit of choice (frozen berries, banana, apple slices, etc)
- ½ cup Silk Coconut or Almond milk
- 2-3 ice cubes
- 1 tsp. vanilla extract
- 2 Tbsp. peanut butter or almond butter, optional

Blend all ingredients until smooth in blender. If using frozen fruit, omit ice cubes. For a thinner smoothie add some water, for a thicker one add more ice.

Serves 1

## 2<sup>nd</sup> Annual Underwater Egg Hunt a big success

On April 21, 2011 the Muckleshoot Wellness Center held its 2<sup>nd</sup> Annual Underwater Egg Hunt at the Wellness Center Pool. There were 50 participants in the water and 20 parents coaching their children on which egg to pick. There was plenty of fun, toys and candy for all who participated.

We had five youth find the Golden Coins which they turned in for a prize basket of toys. The winners were: Clarissa Canales, Elijah Ruau, Myckenzy Courville, Sweet-tub Cayou, and Ryder Vigil.

## Muckleshoot Wellness Center Group Fitness Fun Class for Youth!

Starting every Tuesday May 31st through June 21st  
5:30-6:00pm  
Ages 8-17!

Join us for this new 4 week fitness class aimed at getting kids active and having fun at the same time!

Classes will be taught by Wellness Center certified Trainers and will feature a group teaching style

Classes will be focused on different activities including healthy movements, cardio kick-boxing, circuit training, and stretching.

Wellness Center Members only please (all age requirements at check in still apply)

For more information contact Jess at 253-333-3616 or by email at [jessica.aumann@muckleshoot-health.com](mailto:jessica.aumann@muckleshoot-health.com)

## Muckleshoot Wellness Center

# Summertime Family Bash!

Featuring

# Muckleshoot's got Talent

Family Fun Night and Talent Competition!  
With BBQ Dinner, DJ, and Swimming

## Thursday, July 28th

### From 5:00-7:30pm

More details to come!

## Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider.

As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

**CHS Office Hours:**  
Monday – Friday, 8am – 5pm  
Closed for Lunch 12pm – 1pm  
Phone: 253-939-6648

## Massage Therapy

*\*30 min. appointments\**

\*Two 30 minute massage appointments  
Now Available Daily!!!

\*Same day appointments often available!  
\*Great for stress relief  
\*All eligible members welcome

Muckleshoot Massage Therapy  
Mon - Friday 8am - 5pm  
Closed 12 - 1 daily for lunch  
253-333-3620

## The Optical Department at the HWC!

The eyeglass benefits are the same as they've always been. One comprehensive eye exam once every 12 months. New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHW optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.

## Birth Record

5/6/11- Proud Parents Sylena Cabanas Oliver & Corey Chambers  
Boy - Malikai Dwayne Chambers 8lbs 2.5 oz. 19.5 in.  
Proud Grandma - Cheri Oliver  
Great Grandmother - Wilma Cabanas  
Great Great Grandmother - Elma Lozier, In Loving Memory

## 24-HOUR CRISIS LINE

# 1-866-4-CRISIS

# 13th Annual Muckleshoot Sobriety Pow Wow

**"NATIVES ON A WELLNESS PATH"**  
**JULY 22, 23 & 24, 2011**

**LOCATION**  
 Muckleshoot Pow Wow Grounds  
 Auburn, Washington

**GRAND ENTRY**  
 Friday 7:00 pm  
 Saturday 1:00 pm & 7:00 pm  
 Sunday 12:00 pm  
 Daily Grand Entry Points Taken.

**HEAD STAFF**  
 Host Drum: Indian Nation  
 MC: Arnold Little Head  
 Assistant MC: Wayne Thunderchild  
 Arena Director: Frank Eaglespeaker  
 Whipman: Robert Brien



### DANCE CATEGORIES

Golden Age Men (Age 50+)	Golden Age Women (Age 50+)	Adult Men (Age 18-49) Traditional, Fancy, Grass, Round Bustle	Adult Women (Age 18-49) Traditional, Jingle, Fancy	Teen Boys (Age 13-17) Traditional, Fancy, Grass <b>Teen Girls</b> Traditional, Jingle, Fancy	Jr. Boys (Age 6-12) Traditional, Fancy, Grass <b>Jr. Girls</b> Traditional, Jingle & Fancy
1st \$600.00	1st \$600.00	1st \$600.00	1st \$600.00	1st \$350.00	1st \$275.00
2nd \$500.00	2nd \$500.00	2nd \$500.00	2nd \$500.00	2nd \$325.00	2nd \$250.00
3rd \$400.00	3rd \$400.00	3rd \$400.00	3rd \$400.00	3rd \$300.00	3rd \$225.00
4th \$300.00	4th \$300.00	4th \$300.00	4th \$300.00	4th \$275.00	4th \$200.00

•Tiny Tots (5 & under) No contest. Must be dancing in Pow Wow regalia.  
 •Dance Specials: Women's Ironman Special & more specials TBA

Committee of this event is not responsible for accidents, injuries, short funded travelers, stolen, lost articles or damage to personal property. **No Pets will be allowed. Alcohol/Drugs are strictly prohibited and will be enforced.**

Arts & Craft Booth and Food Booths are available for the weekend.  
 10x10 space \$125.00  
 10x20 space \$200.00

Informational Booths no charge.

For more information call: Lisa Elkins or Dee Williams at 253-939-6648  
 Sponsored by MIT Health Committee & Behavioral Health Program

**EVERYONE WELCOME!**

# 10TH ANNUAL MUCKLESHOOT VETERAN'S POWWOW

OVER \$170,000 IN CASH & PRIZES



### DANCE CONTEST

**GOLDEN AGE CATEGORIES (60+)**  
**SENIOR ADULT CATEGORIES (50-59)**  
 \$1,200 - \$1,000 - \$800 - \$600 - \$400 Combined  
**ADULT CATEGORIES (35-49)**  
**JR ADULT CATEGORIES (18-34)**  
 \$1,200 - \$1,000 - \$800 - \$600 - \$400  
 Men's Traditional, Men's Prairie Chicken, Men's Grass, Men's Fancy  
 Women's Buckskin, Women's Cloth, Women's Jingle, Women's Fancy  
**TEEN CATEGORIES (13-17)**  
 \$500 - \$400 - \$300 - \$200 - \$100  
**JUNIOR CATEGORIES (7-12)**  
 \$200 - \$175 - \$150 - \$100 - \$75

### COMMITTEE SPECIALS

**Veteran's Special**  
 \$1200 - \$1000 - \$800 - \$600 - \$400  
**Men's Contemporary vs Straight Special**  
 \$1200 - \$1000 - \$800 - \$600 - \$400  
**Men's Southern Straight Special**  
 \$1200 - \$1000 - \$800 - \$600 - \$400  
**Jeanette Morrison Women's Basket Hat Special**  
 \$1200 - \$1000 - \$800 - \$600 - \$400  
**Women's Southern Special**  
 \$1200 - \$1000 - \$800 - \$600 - \$400  
**Mother Daughter Special**  
 \$1200 - \$1000 - \$800 - \$600 - \$400

### \$50,000 DRUM CONTEST

\$12,000 - \$10,000 - \$8,000 - \$6,000  
 \$4,000 - \$3,000 - \$2,000 - \$1,000  
 \$4,000 split for consolation  
 (at so non-contest drums paid)

MC's: Ruben Little Head & Dennis Bowen Sr.  
 Arena Director: Russell McCloud  
 Head Man Judge: Amos Tossie  
 Head Woman Judge: Tasha Goodwill  
 Head Drum Judge: Denny Stanley, Jr.  
 Head Man Dancer: Casson Thunder Hawk  
 Head Woman Dancer: Bobbi Lynn Frost  
 Whipman: Gack Catling



**JUNE 24 - 26, 2011**  
**MUCKLESHOOT POWWOW GROUNDS**  
**AUBURN, WASHINGTON**

Fri, June 24th - Grand Entry 7pm  
 Sat, June 25th - Grand Entry 1pm & 7pm  
 Sun, June 26th - Grand Entry 1pm

### GENERAL INFORMATION:

Over 21mcres (253) 498-0880 great11mcres@muckleshoot.net.us  
 Madricmc (253) 498-0440 madricmc@mc.muckleshoot.net.us  
 Wendy Lloyd (253) 498-4950 wloidy@mc.muckleshoot.net.us

### WEBSITE:

www.muckleshoot.net.us  
**HOST HOTEL:**  
 Auburn Best Western Popcorn  
 (253) 866-7100 | http://www.bestwesternaurn.com  
 "Pawnee Place"

## Housing

### MICHELE JANSEN: Housing's Employee of the Month

Michele Jansen is a fairly new employee who has risen to the challenge of the daily tasks as an Occupancy Specialist here at Muckleshoot Housing Authority. She has provided joyful fellowship, thoughtful and creative input, and encouragement to those around her. Although she has been here just short while, it is clear that she works with competence, communication and grace for the best possible outcome even when dealing with a difficult problem. Our best wishes to you Michele, our Muckleshoot Employee of the Month!



## PENTECOSTAL CHURCH CELEBRATES MOTHER'S DAY

The Pentecostal Church celebrated Mother's Day this year both during the church service and afterwards. Pastor Kenny preached a special Mother's Day sermon, and at the end of the service the kids handed out a flower potted in a Dixie cup to each of the ladies. The service was followed by a barbecue, with Kelvin flipping the burgers.



### CAREER ADVANCEMENT TRAINING (CAT) PROGRAM FOR MUCKLESHOOT TRIBAL MEMBERS

#### Relationships

Positive, customized and on-going development plans for eligible Muckleshoot Tribal Members interested in pursuing a successful career path through Muckleshoot Casino.

#### Work-Life Balance

#### Culture

A great opportunity to grow and develop in a supportive environment. The CAT Program offers:

#### Communication

#### Integrity

- Management Leadership Training
- Personal Development
- Specific Job Training
- Higher Education Coordination
- Rotations throughout Casino
- Externships

#### Respect

#### Accountability

#### Trust

#### Commitment

#### Education

Contact the Training & Organizational Development Department at MIC (800-804-4944—ask for Monica Simmons or Sarah Wilson) today to start your journey!



**Catholic Mass**  
 with Father Pat Twohy

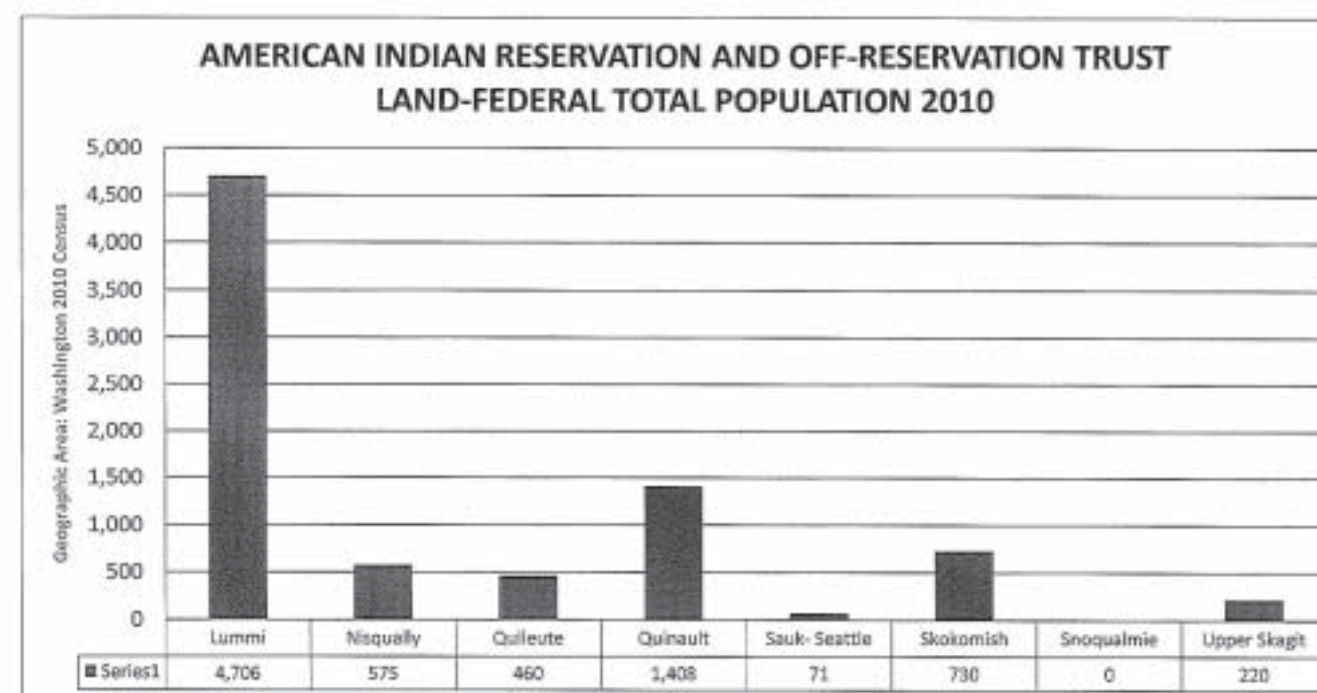
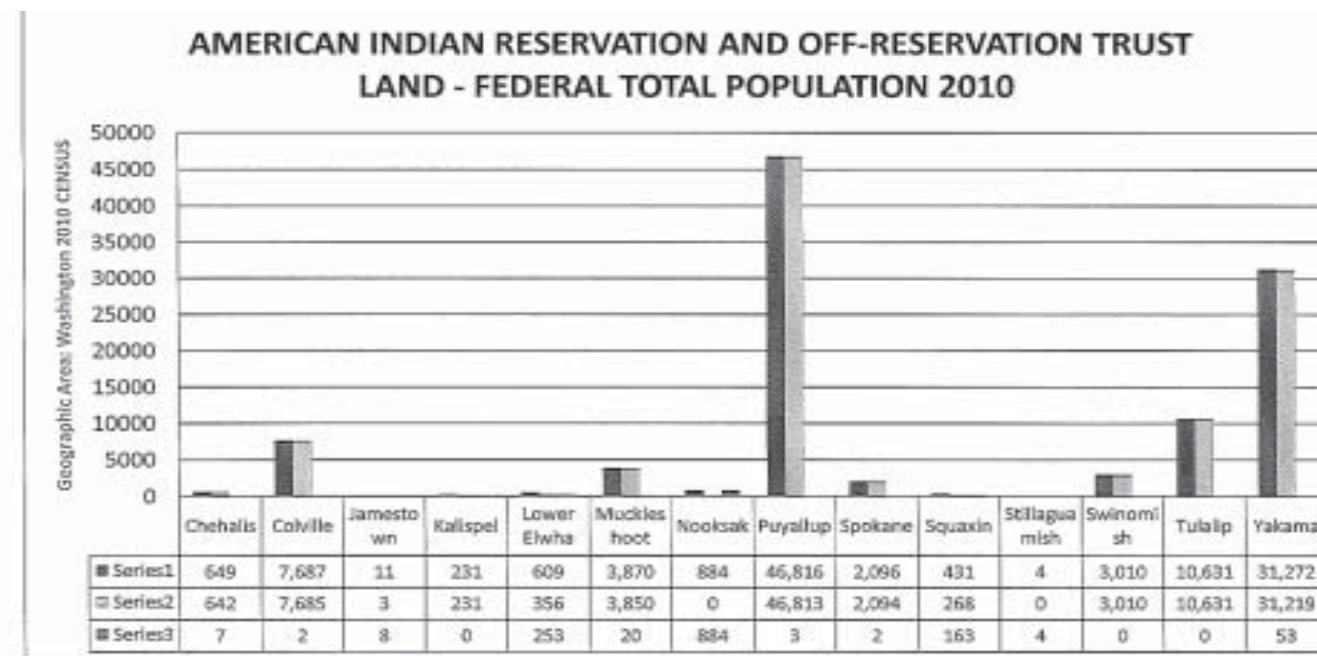
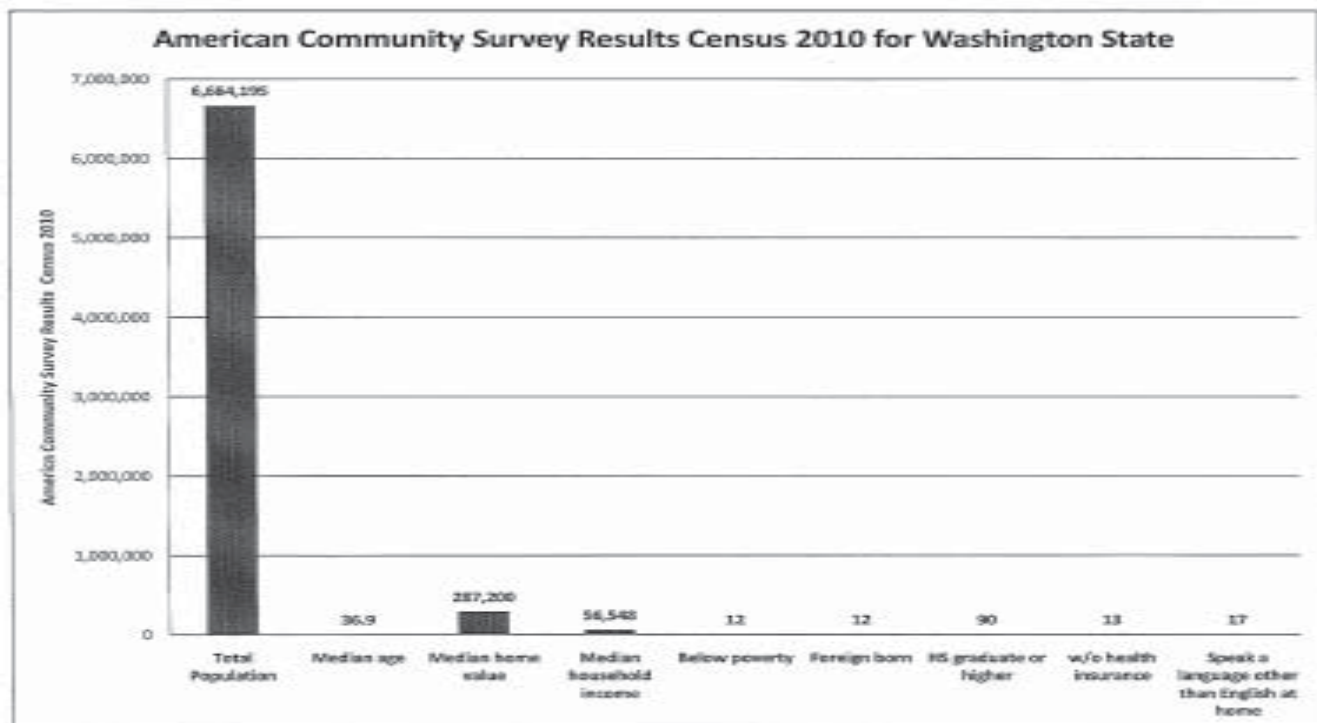
**St. Claire's Mission Chapel**  
**Muckleshoot Reservation**  
**Every 3<sup>rd</sup> Sunday at 10 AM**

*Muckleshoot Pentecostal Church*  
 Kenny Williams, Pastor

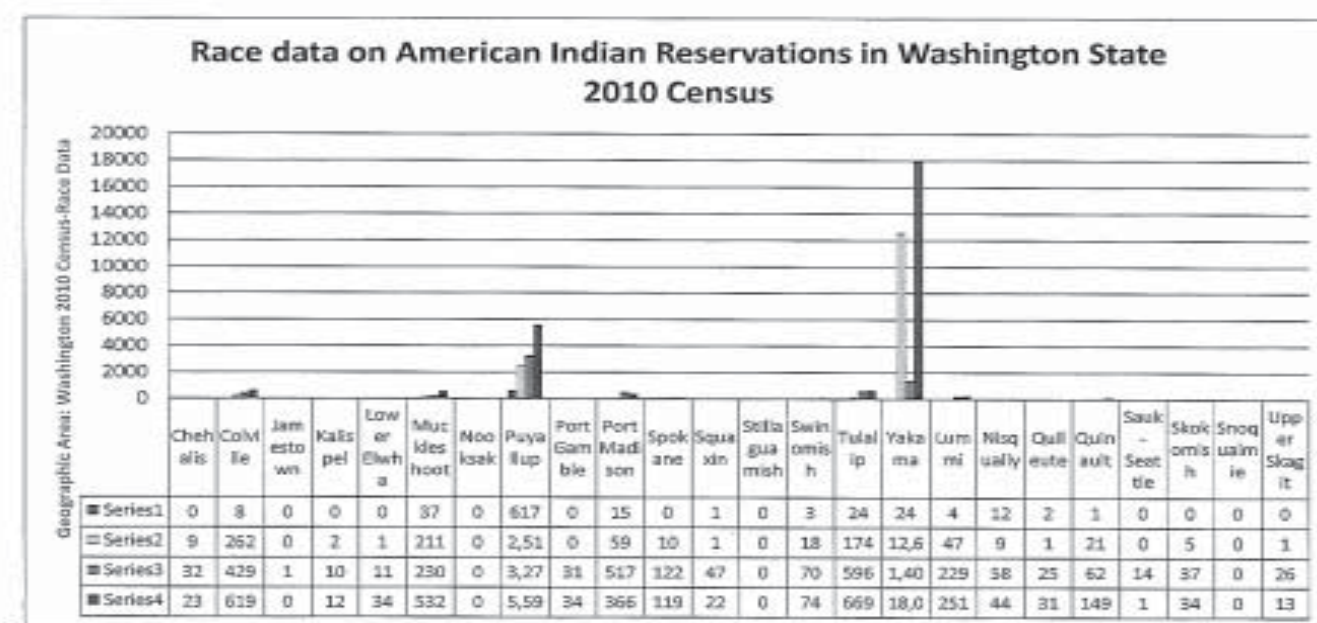
### SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00 Noon	Prayer Meeting
Wednesday	7:00 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

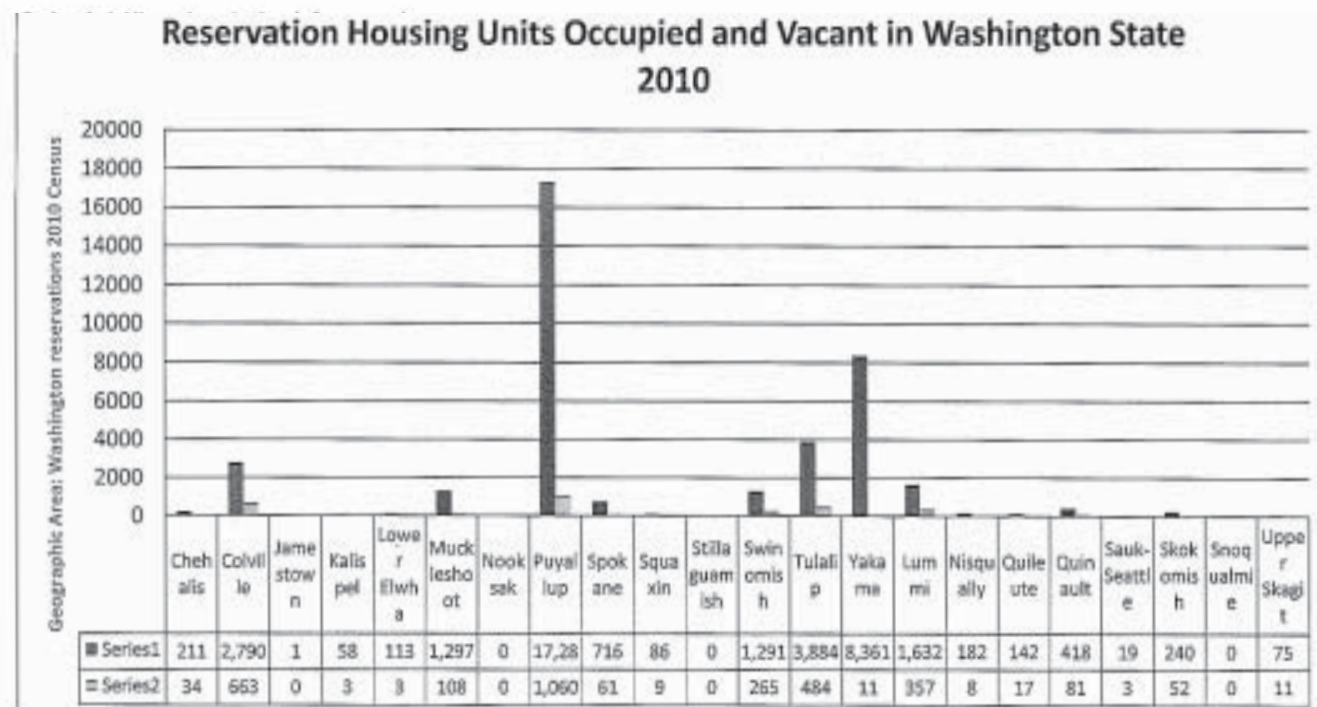
# 2010 U.S. CENSUS NATIVE AMERICAN DATA



Series 1 → These eight tribes are listed as not having Reservation and Off - Reservation Trust Land, Reservation only, and are not listed on previous document/chart.



Series 1 → Native Hawaiian and other Pacific Islander  
Series 2 → Some other race  
Series 3 → Two or more races



Series 1 → Occupied homes on tribal reservations  
Series 2 → Vacant homes on tribal reservations

# MIT Wildlife Dept. to offer Hunter Education Course

The Muckleshoot Wildlife Department will be teaching a Washington State Hunter's Education Course in July. If you are a tribal member and are interested in hunting outside of your treaty areas this course is required to obtain a Washington hunters license (if you were born after January 1, 1972). Or, if you are interested in hunting outside of Washington State most states require you to have completed a hunter's education course before issuing you a license.

The course will be held over six days (over a two week period) and the typical class day will last three hours. The dates for this upcoming course will be July 18, 20, 21, 25, 27 and 29. At the end of the course there is a multiple choice test that you must pass before being certified. There is also a skill evaluation portion of the course where you will be evaluated on what you learned and firearms safety. Subject matter that will be taught during the hunter's education course includes but is not limited to:

- Survival
- Basic First Aid
- Wildlife Conservation
- Sportsmanship
- Muckleshoot hunting rules and regulations

This course is open to anyone interested in getting involved in hunting. Children under the age of 12 are required to have a parent present with them. The hunter education course is an easy learning environment; however it may be too advanced for children under 12. The class will be held to 30 students on a first come basis.

The only thing students will need to bring with them to class is paper to take notes and a pen or pencil. All other supplies to include firearms will be provided to the students.

If you have any questions regarding the Washington State Hunter's Education Course please stop by the Muckleshoot Wildlife Department or call 253-876-3268.

- Firearm safety
- Washington State hunting rules and regulations

# ELK, BEAR, and the MUCKLESHOOT PEOPLE

As told by Dana Matta

This is a creation story that was first heard and retold over the past thousands of years; thus it has been handed down since time immemorial. It tells the story of how the Muckleshoot people and the Green and White Rivers came to be. This story will give you a sense of why we are so close to the elk, bear and salmon in our lives and in our cultural history.

It is a story of two massive giant animals; one of which is a bear and the other an elk. They were said to be the guardians of the mountain regions, yet they did not see or know of one another! They lived on opposite sides of the great snow covered mountain that we know as Mt. Rainier. It was inevitable that they were going to cross one another's paths.

Early one morning, at the first break of light, when the sun started to make all the valleys and canyons visible, the two giant animals set eyes upon one another. The bear began to growl and snarl as he stood up on his hind legs. It is told in the story that when he came back down on his front paws that the mountains shook everywhere. His long claws tore at the ground and trees, challenging the great elk to combat. The elk, with his massive antlers and his mighty hooves was not scared of the bear's show of strength. He also tore at the trees with his antlers and made deep ruts in the ground with his sharp hooves. They both threw dirt and trees from the surrounding area, making a clear spot for battle. It was just beyond this clearing that deep blue lakes they both drank from marked the edge of one part of the battlefield. Trees and mountains surrounded the rest of the battleground.

With a thunderous growl from the bear and a just as loud snort from the elk, they attacked each other. They rolled and fought; fur and blood flew everywhere, it was a fight to the death. Equal in size and strength the fight went on for each other, a lot of damage was done to each one, finally there was a silence in the mountains as they both lay exhausted and bleeding on the ground. They both knew they were dying from their wounds, yet they felt a peace come over them because they also sensed that they were creating new sights, sounds and smells to the mountain area they guarded for thousands of years. They gave

their giant bodies and spirits up so that smaller spirits were able to be created in their place. Little did they know that the Creator had this plan for them from the beginning of their creation. It is from their strength and courage that all other creatures came.



The clawing of the bear and the tearing of the elk's antlers in the lakes created rivers that did not exist before; their battle is what created the Green and White Rivers that our people, the Muckleshoot's now today. All of the fur that floated in the air from the two giant's battle turned into the animals of today and the fur that floated up higher became all of the different birds.

The blood of the two, that fought so valiantly, which landed on the trees and brush along the new rivers, White and Green, turned into all the Muckleshoot people. Berries that had blood from the battle that fell into the rivers turned into the salmon people. The sacrifice of the two giants giving up their lives in battle gave all of us and all other life surrounding us our part in the Creator's circle of life.

It is said that from that time of the great battle there are no longer any giants in the mountains; yet the thunder and lightning that we hear and see coming from the great mountains is said to be the bear and the elk, still celebrating what they helped create. To this day you can look at Mt. Rainier and see the elk and the bear on the sides of the mountain.

To the Muckleshoot people the elk and bear are important parts to our own being. We shall always have a great respect and connection with the two giants that gave us life and the salmon, which is so much a part of our circle of life. To that; whenever we hear thunder and see lightning in the mountains, it is the two giants still talking of what they helped create. In return we give our thanks and utmost respect.

(Dana Matta's telling of this old tale was submitted by his cousin, Renee Lozier.)

# KCLS named Library of the Year

The King County Library System (KCLS) has been named 2011 Library of the Year by *Library Journal* magazine. Their announcement June 7 honored KCLS as the "public library in the United States that most profoundly demonstrates service to community, creativity, leadership and innovation in developing specific community programs, particularly programs that can be emulated by others."

Special notice was given to the library's efforts to encourage reading, to help people who are looking for jobs, and for reaching out beyond the libraries and into communities so new patrons can discover the resources and services available through KCLS.

"King County Library System has a lot of fans at *Library Journal*, with good reason. We've watched KCLS lead the way for years in innovative service to their community," said editor-in-chief Francine Fialkoff. "This year, all their efforts aligned - from new buildings, to new services, to record-breaking usage - and we're thrilled to name them Library of the Year."



## Muckleshoot King County Library Hours

Monday-Thursday ..... 10am-9pm  
Friday ..... 10am-6pm  
Saturday ..... 10am-5pm

## Muckleshoot Library Events

### Teens

#### Read Three, Get One Free Summer Edition & Read•Flip•Win

Read three books, write three thoughtful reviews and get a prize book...free! This summer will also feature a video book review contest, **Read•Flip•Win!** Ask at the library for details.

### Adults

#### Computer Class: Word Level II

Monday, June 20, 10am  
Review basic word processing skills such as entering, selecting and deleting text. Learn how to select and format text, set margins, align paragraphs, and use cut and paste. Prerequisite: Microsoft Word Level 1.

#### Plateau Area Creative Writing Group

Friday, June 24, 10am  
Calling all writers! This writing workshop is designed for all who write - whether it's poetry, fiction, creative nonfiction or memoir. It doesn't matter if you're a seasoned writer or one who is just getting started, please come and share your stories.

## Muckleshoot Elders Newsletter



### Happy Birthday

Jan Nelson	06/03	Walter Pacheco	06/14
Sharon LaClair	06/03	Vicki Newman	06/15
Shirley Taylor	06/03	Norma "Wassie" Eyle	06/18
Irene Barr	06/03	Darlene Bailey	06/19
Michael Rodarte	06/04	Lola Elkins	06/19
Amil Starr	06/10	Pam Jackson	06/22
Lyle Davis	06/08	Lorraine Moses	06/22
Alex Baker	06/08	Les Nelson	06/24
Jerilyn LaClair	06/09	Sallie Courville	06/25
Stanley Moses	06/09	Wanita Courville	06/26
Connie Courville	06/10	Earl Moses	06/29
Maryanne Charles	06/10	Amy Purdy	06/30
Virginia Cross	06/14		

### Men's Fishing Trips

This year the Elders Committee approved funding for two Men's Fishing Trips. The first trip was back in April. Ten of our Elders & Seniors traveled to the Columbia River to fish for salmon. Then in May, eight of our Elders & Seniors went to Neah Bay to fish for halibut. Louie Ungaro Jr. went along on the Neah Bay trip as a driver and helped out when needed. Gerald Cross was also a driver and brought along his ice chest to make sure the fish they caught made it back home.

### Spokane Elders Luncheon Trip

This year was the first year our Elders have opted to go to the Spokane Elders Luncheon. Elders & Senior Staff packed into the bus and traveled to Wellpinit, WA. The bus driver ended up taking the scenic route and the travelers agreed that it was very pretty.

### Cedar Gathering

Senior Center Staff and JOB CORPS have been taking Elders out to gather Cedar. Thank you JOB CORPS for all of your assistance.

### Effie's household tips

Now that the weather is warming up, our pets will be sure to be visited by those pesky fleas. Tea Tree Oil can help. Apply a capful of Tea Tree Oil to your hands and run together. Apply to pet from ears to tail. If needed, repeat with amount and spread over the rest of the animal hair and fur. After this first application, you may also use a spray bottle filled with one capful of tea tree oil and four cups water, on a weekly basis.

### Tips from the Kitchen

*Courtesy of the Seattle Native Newsletter:* Looking for a healthier alternative to Fried Bread? Look no further. Give Buckskin Bread a try. The name comes from the color of the baked loaf. This bread has a fine crumbed texture and a silky light tan crust. It is popular with many Northwest Coastal Tribes. This recipe works well with whole wheat flour.

### Buckskin Bread

- 2 cups bleached flour
  - or -
  - 1 cup whole wheat flour & 1 cup unbleached flour
  - 1 teaspoon baking powder
  - 1 teaspoon salt
  - 1 cup water
- Preheat oven to 400 degrees. Sift dry ingredients into a mixing bowl. Quickly mix in the water press dough into a greased 9-inch pie plate. Bake bread for about 30 minutes until very lightly browned on top. Turn bread out and let cool on rack. Makes 1 loaf. Enjoy.

### Elder Abuse Code

Tribal Council passed the Elder Abuse Code. If you would like a copy of the code, please drop by the Senior Center.

### Lunch Run

Home Delivered nutrition services are available to homebound persons and members of their household who the homebound person is responsible for providing meals for, as follows:

- Native American people 50 years of age and older
- The spouse/significant other of a Native American 50 years of age and older

- Any non-native person over the age of 50 who lives on the Muckleshoot Reservation or who has been determined by the Seniors Committee to be a long-term-member of the Muckleshoot Community
- Disabled persons regardless of age
- Spouse/significant other under the age of 50 and a child residing in the home may also receive a meal if the homebound person is responsible for providing their meals.

The Senior Center Staff delivers home meals to the address giving on the 2011 Intake Form. Please call the Senior Center by 11:00<sup>am</sup> when you will not be home for lunch delivery. If we do not receive a call and our staff is unable to deliver 3 days in a row due to the client not at home, we will remove the client from the lunch delivery list. The Client will need to contact the Senior Program Manager and request to be placed back on the list.

### Commodities

If you are interested in signing up for Commodities or having your Commodities delivered, please contact the Resource Center at 253 876-3336.

### Senior Center's Mariners Season Ticket Schedule

Fri, June 17<sup>th</sup> at 7:10pm vs. PHI  
 Sat, June 18<sup>th</sup> at 7:10pm vs. PHI  
 Sun, June 19<sup>th</sup> at 1:10pm vs PHI

Fri, July 1<sup>st</sup> at 7:10pm vs. SD  
 Sat, July 2<sup>nd</sup> at 7:10pm vs. SD  
 Sun, July 3<sup>rd</sup> at 1:10pm vs. SD

Fri, July 15<sup>th</sup> at 7:10pm vs. TEX  
 Sat, July 16<sup>th</sup> at 7:10pm vs. TEX  
 Sun, Jul 17<sup>th</sup> at 1:10pm vs. TEX

Fri, July 29<sup>th</sup> at 7:10pm vs. TB  
 Sat, July 30<sup>th</sup> at 1:10pm vs. TB  
 Sun, July 31<sup>st</sup> at 1:10pm vs. TB

# Gathering Cedar





# Men's Fishing Trip to Neah Bay

PHOTOS BY PHIL HAMILTON



## Enumclaw Schools Celebrate Native Culture with 16<sup>th</sup> Annual Pow Wow

Enumclaw School District celebrated the 16th annual Pow Wow with school assemblies and a special presentation from Living Voices. It was a great week of cultural celebration. Our Native dance troupe had the honor of dancing for both our elementary and middle schools. The White River Drum group accompanied our dancers at the assemblies as they have done for the past 16 years.

It is always a highlight for our dancers to share their culture with their home schools. The students are very receptive to watching their fellow classmates provide the assembly. Our dancers have remarked how frequently their classmates have complimented their dance and time spent for the assemblies. The Pow Wow week is a great time to share with our local community and schools our Native heritage. Our goal in the Native Education department is to provide new and creative ways of sharing our culture.

This year at the high school we offered the Living Voices presentation. An actress tells the story of a Navajo family and their experiences during the 1930s and 1940s and struggling to keep their culture intact. As the actress tells of a family's story, she interacts with the photos and newsreel on the large screen behind her. The presentation shows the boarding school experience and students fighting to maintain their Native identity.

The story goes on to tell of the World War II Navajo Code Talkers. It was a great presentation that identifies the historical difficulties Native people have experienced and yet, their commitment to the United States serving in

such a heroic manner in World War II. The high school audience was comprised of history, drama, and video production classes. The students enjoyed this presentation and many stated they had never heard of these experiences before.

The Pow Wow this year was a huge success, with an estimated 1000 people in attendance. Six drums, 59 competitive dancers, 20 Puyallup School District teachers, and an increased community representation shared in the evening.

During the Pow-Wow, the new Enumclaw School District royalty were crowned. Grace Redd, Seneca, and a sixth grade student at TMM is our reigning Pow-Wow Princess, and Sam Miller, Blackfoot, a fifth grade student at Southwood, is our reigning Pow Wow Warrior. Congratulations to these students we know they will represent our Native students and district well. Thanks to our former royalty, Lily Lewis and Jake Rodrigues for a great job!!

It was a wonderful week of sharing our culture in several all school assemblies, live performances sharing our Native historical experiences, dance, food and fun! Thanks to the Muckleshoot Tribe for sponsoring the Pow-Wow and to the community for sharing in the event with us.

*EDITOR'S NOTE: The Enumclaw School District Pow Wow and dancers were featured in the June 15 edition of Indian Country Today, page 46.*



**Living Voices Actress:** Lilly Gladstone, Blackfoot, tells the historical story of a Navajo family and their experience with boarding schools and as a World War II Code Talker.



16th Annual Enumclaw High School Pow-Wow



### Alaskan Native Storyteller Visits Elementary Schools

March 16th, David Nelson, Tsimshian, storyteller and singer/dancer visited Black Diamond, Kibler, and Southwood elementary schools. He provided a wonderful all school Assembly. Grace Leatham and her Mom, Jenny Leatham, participated with dancing demonstration. Thanks to the Leathams and Mr. Nelson!

# Ducks

**Adult Open Co-Ed Softball Tournament**  
Muckleshoot Fields  
**\$275 Entry Fee**  
**July 22-24, 2011**  
**1<sup>st</sup> - 3<sup>rd</sup> Places**  
**All Stars**  
**Most over the fence homers prize**

**Checks Payable to:**  
**Tammy James 253.217.2198**  
**39015 172<sup>nd</sup> Ave SE Auburn WA 98092**  
**Katalut21@msn.com**

# Ducks

## Youth Mixed\* Softball Tournament

\*Mixed means you don't need a equal boys and girls on the field

**July 22-24**  
**12-17 Years Old**  
**\$250.00 Entry fee**  
**Muckleshoot Fields**  
(if we don't get atleast 6 teams we will cancel)

**Checks Payable to:**  
**Tammy James**  
**Katalut21@msn.com**  
**253.217.2198**

## MUCKLESHOOT SOLID WASTE DEPARTMENT



### Use of Dumpster

Due to limited number of dumpsters available, we encourage everyone to bring your disposable items to our Public Works transfer station, but if you still need a dumpster, the below listed are some important information that will help you.

You must be an enrolled Muckleshoot Tribal member residing within the boundaries of the reservation to request a dumpster. All tenants of the MIT houses are required to request dumpster through Housing. If you need a dumpster for your home clean up this is what you need to know.

- We need at least 3-5 day's advance notice. All dumpsters are scheduled for 3 days usage. So, please plan ahead prior your request.
- You need to fill out a work request form (on-line or in person at Public Works Office or call 253-876-3030, prompt #2).
- We can only serve your primary residence and for 2 times a year.
- Do not overfill dumpsters, we need to close the lid while in transit.
- Do not block truck access.

### The following items are restricted from put inside the dumpster:

- No hazardous materials in dumpsters.
- No appliances in dumpster such as refrigerators, freezers, washers or dryers etc.
- No electronics such as computers, Televisions, VCR's etc.
- No paint, oil, antifreeze, gasoline etc.
- No batteries.
- No metal.
- No fluorescent light bulbs or tubes.
- No yard waste.

In order to serve you better, any violation of the above could jeopardize future usage and other member's need. Your corporation is appreciated!

## CALLING ALL 2011-2012 SKOPABSH ROYALTY CONTESTANTS

If you or someone you know is interested in running for this year's Skopabsh Pow-Wow Royalty, please contact Wendy Lloyd, Vice-Chair of the Pow-Wow committee. Wendy's contact information is listed below.

What are expectations and characteristics of Skopabsh Royalty?

Royalty members are role-models for our community; they display commitment to academics as well as cultural traditions. They are confident, reliable, and respectful. Royalty responsibilities include representing themselves and our community in a respectful manner in any situation.

Royalty members are also expected to participate in as many cultural and public events as possible, such as Pow-Wows and Community and local events, like Tribal dinners, or City parades.

Contestants will be judged in the following areas:

- Public speaking
- Dancing
- Ticket sales

Tickets can be obtained from Wendy Lloyd. She may be reached during the day at (253) 804-8752 x 3213, or evenings at (cell) 253- 507-0966. Her E-mail is address is willoyd25@gmail.com

➤ After initial tickets are distributed, at least 75% of monies must be submitted to Wendy in order to get additional tickets.

All ticket stubs, remaining tickets, and money must be turned in to Wendy Lloyd by noon on August 28<sup>th</sup> 2011



## FEATHERED HEALING CIRCLE

Hello – Cynthia and Franklin here. We have been kickin' an idea around for awhile. We would like to have Bible study class teaching about what is happening to relationships now a days. We will start having study regarding this soon, depending on which class you are more interested in. Please get in touch with us at 253-394-1966. Leave message as to which class you are interested in doing.

I have taken the woman's side and Franklin learned the men's side. I have read all of his books and he read mine. We always came together and discussed what we were learning in class. With all the chaos going on in the world, would you be interested in learning how to keep these strongholds from taking over your family or children? It all goes to the simple saying, "Whatever you listen to or watch will affect your soul (inner being)."

So you have to protect your ears and eyes. Learn how to bounce your eyes. These classes are very intense and we find it necessary to request complete confidentiality. The testimonies heard are not to be talked about to others who were not at the class. We have both taken the following classes for Bible study:

**1. Battlefield of The Mind**, by Joyce Meyers. This book is about how your mind is taken if you are not strong. Joyce Meyers says, "Each and every day you have to try to keep the right frame of mind. If you think positive and say positive words nothing but a positive outcome can suffice. You have to have a good relationship with YOU. Your self image is like a photo you carry of yourself. When you make your mind up you can overcome anything that the devil has thrown at you. Set your mind and do it. Discipline yourself and stick to it!"

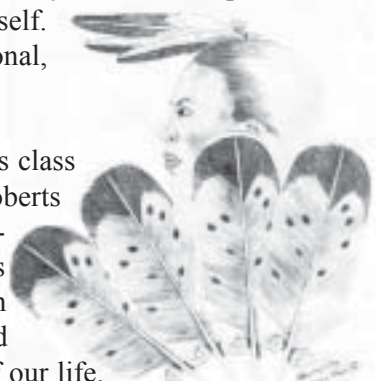
**2. Living with your Husband's Secret Wars**, by Marsha Means. This book is about dealing with pornography, internet sex, sexual addicts, sex, infidelity or some other behaviors. Were you taught to go to see naked men or women strippers? Those learned behaviors are called generational curses. This class helps you learn to walk through the pain and how to recover from it.

**3. Purity for a Purpose.** This book tells how you can live a pure life, not tempting others, and feel good about yourself. Your dress style can be modern, professional, without tempting others into sexual sin.

**4. Breaking the Chains of Bondage.** This class will use *Breaking Ungodly Soul Ties* by Roberts Liardon as one of the reference books. Several reference books will be used in this class. In this class as we work through each chapter we will learn what Soul Ties are and how to break the ungodly Soul Ties off of our life. Each relationship you have been in with opposite sex has left a tie on your soul. Learn how to get that mark off of your forehead. Did you have a bad relationship and now it seems that that type of person is the only kind of person you seem to be magnetized to? Learn how to rid these ungodly ties out of your life and move forward to have a good fulfilling, healthy relationship of loving kindness and respect for another.

**5. What Every Woman Desires.** This class will teach men how to treat their lady. That if he wants time to be with her, if he rolls up his sleeves and helps get chores done in the house with kids, etc. she will feel as he really cares about her. Learn that washing the dishes or helping with the chores in the house does not make you less of a man it makes you a better mate. You have to make time for each other even though your lives are evolved around the children, jobs, school, etc. Life. Isn't it more important to have a relationship with your lady than to be hanging with the fellas?

Anyway, get in touch and let us know what you want to learn about. Because of the things discussed in these classes you can't bring children sorry. 253-394-1966 Cynthia and Franklin (of The Feathered Healing Circle).



## FREE SEPTIC SYSTEM MAINTENANCE CLASS

SPONSORED BY  
MIT PUBLIC WORKS/MUD & INDIAN HEALTH SERVICES

Come and have a hands-on experience Learn how your septic system works and what to do to keep your septic system running! The class will be offered on a first come first served basis. The first 20 to apply will be registered to participate in this class.

**DATE: JULY 27, 2011 (Wednesday)**  
**TIME: 5:30 PM - 7:30 PM (meal provided)**  
**PLACE: COUGAR ROOM**  
**INSTRUCTOR: INDIAN HEALTH SERVICE**  
**(!!! DOOR PRIZES !!!)**



PLEASE CALL 253-876-3147 TO SIGN UP FOR THE CLASS PARTICIPANTS WILL ALSO BE ELIGIBLE FOR A RAFFLE IMMEDIATELY FOLLOWING CLASS.

## Annual Muckleshoot Hunters Meeting



Date: Wednesday July 13, 2011

Time: 6pm

**MUST BE SIGNED IN BY 6PM, MEETING WILL START PROMPTLY**

**WHERE: PSB COUGAR ROOM**

*Snacks & Drinks provided*

SPECIAL PERMIT HUNTS & G.M.U. 485 DRAWINGS WILL BE HELD AT THIS TIME

ANYONE WHO RECEIVED A HUNTING FINE LAST SEASON OR HAS AN OUTSTANDING FINE IS INELIGIBLE FOR THE DRAWING

CONTACT TAMMY JAMES FOR MORE INFO. TAMMY.JAMES@MUCKLESHOOT.NSN.US OR 253-939-3311

## Tribal Hunters

Annual hunters meeting usually held in July @ PSB Cougar Room watch for flyers Deer season opens **AUGUST 1<sup>ST</sup>**... (not tags will be issued prior to 8/1/11) Elk Season opens **SEPTEMBER 15<sup>TH</sup>**...

There are special forms that need to be signed and filled out if you will be having a designated hunter (DH). Please note that the wildlife department is not responsible for obtaining a DH for you. Any Muckleshoot tribal member age 16 & older is allowed to sign up as a DH in our office. DH/Hunter's cannot have any outstanding wildlife fines or rights restrictions. So start asking around now for a hunter this season.

**Please DO NOT give your tags to people to hunt for you if you have not notified our office, we will have special tags for DH tags this coming season, and hunting w/o approved tags will be a violation of the ordinance and hunters subject to fines.**

All Hunter information applications will require names, enrollment numbers, and dates of birth.

Any questions please call Tammy James 253-939-3311 or email Tammy.James@muckleshoot.nsn.us

**PLEASE READ THE ORDINANCE AND REGULATIONS SO YOU ARE AWARE OF ALL THE RULES!**

Tags are \$5 each for deer/elk Age 50 and older tags are free

Thanks,  
Tammy James, MIT Wildlife



**Virginia Cross & Family Birthday Celebration**  
 June 4, 2011 ~ Game Farm Wilderness Park

**Community Emergency Response Team members receive training**

By Shanon Hamilton, MIT Emergency Preparedness Coordinator

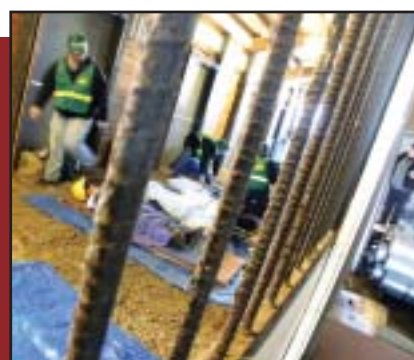
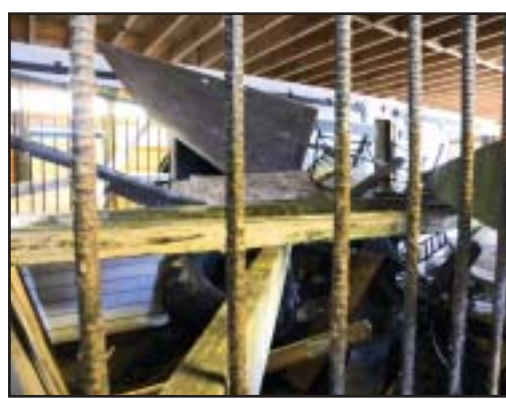
Muckleshoot CERT Training was done on February 23, 24, and 25 in the Philip Starr Cougar Room. There are now a total of 79 CERT Team members, 80% are Tribal Members and the other 20% is made up of employees, and community members.

Having a CERT Class is always exciting and knowing that others are leaning skills for disaster situations. In CERT Class it educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help.

I just want to thank each and every one of you that took time from your busy schedules to take CERT Training. I am honored to have each and every one of you at my side helping in any disaster situation. Send out a special thank you to the instructors from NWTEMC (Northwest Tribal Emergency Management Council). To the volunteers who helped be victims on the day of the drill, and Dave and his crew from Public Works for sitting the drill up. I am looking forward to class in the fall.

**MIT CERT Team #3**

- Richard O'Neill – Facilities
- Aaron Kayser- Health & Wellness
- Shaun Hoyt- Casino Security
- Aofagaimanu Tuputala – Casino Security
- Melvin Cielo – Casino Security
- Sue Aagerup – King County Police
- Jolene Agostini – King County Police
- Taylor Jermstad – King County Police
- Stephanie Flesher – Human Services
- Julie Reed – Human Services
- Mardee Marquard – Tribal Council Staff
- Francis Cacalda – Human Services
- Jeremy Pangelinan- Health & Wellness
- Cheryl Jacobs – Bingo Hall
- Mary Ross – Human Services
- Gail Farmin- Human Services
- Laurette Venske- Community Member
- Marlena Figueroa – Community Member
- James Ross- Security
- Corrie Nenema – Kalispel Tribe
- Stats Redner – Lower Elwha Tribe
- Lorinda Rebideau – Lower Elwha Tribe
- Jocelin Nenema – Kalispel Tribe
- Caytlin Nenema – Kalispel Tribe
- Jared White Eagle – Facilities



**Muckleshoot Tribal and Community Members:**

**Emergencies can strike suddenly at any time, anywhere.**

**ARE YOU READY?**

Being prepared can reduce fear, anxiety, and losses that accompany disasters. Communities, families, and individuals should know what to do in the event of earthquake, lahars, power outages and where to seek shelter. Here are three easy steps you can take to help prepare your family.

1. MAKE A PLAN
2. GET A KIT
3. BE INFORMED

It is very important that you are able to survive for 3 days on your own. Make sure you have enough supplies to last everyone in your household for at least 3 days.

- **Water** – Have at least one gallon per person per day.
- **Food** – Pack nonperishable, high-protein items, including energy bars, ready-to-eat canned food and food you enjoy.
- **Flashlight** – Include extra batteries
- **First-aid-kit**
- **Medications** – Prescription and non prescription
- **Battery-operated radio** – Include extra batteries
- **Tools** – Wrench, manual can opener, screwdriver, hammer, pliers, knife, duct tape, plastic sheeting and garbage bags.
- **Clothing** – Provide a change of clothes for everyone, including hats, sturdy shoes and gloves.
- **Important Documents** – Keep at least copies of these in a fireproof container or a safe deposit box with a key you always carry.
- **Sanitary supplies** – Toilet paper, feminine supplies, disinfecting bleach.
- **Cash and Coins** – If the power is out there will be no cash machines.

Any questions please feel free to call Emergency Preparedness Coordinator Shanon L. Hamilton at 253-876-3247.

*Can you survive on your own for 3 days?*



**Make a Plan**



**Build a Kit**



**Get Involved**

**DISASTERS HAPPEN**



Create a plan. Practice your plan. Gather emergency supplies. Learn CPR and first aid. Be prepared to be on your own for at least three days.

To learn more about disaster preparedness planning, contact your local emergency management office.



# MUCKLESHOOT POLICE



## Muckleshoot Police May Recap

### 04/20/11 11:22 AM 11-082519 Cedar Village Returned Juvenile Run-away

A juvenile runaway returned home but a disturbance started when the guardian tried to report their return over the phone. Deputies responded, the guardian did not want the juvenile to stay at the house. Indian Child Welfare (ICW) was consulted. The juvenile was placed in a facility in Seattle.

### 04/20/11 1:00 PM 11-085002 Muckleshoot Tribal School Harassment

A juvenile student at the school is being harassed by another juvenile student at and away from the school over a crime that was reported several months ago. The school's deputy and staff are aware of the circumstances.

### 04/20/11 2:45 PM 11-083426 Skopabsh Village Liquor Violation

An adult male (under 21) and an adult female were contacted that had been in a verbal disturbance. The male was intoxicated. No crime had occurred between the male and female. The male was charged with "Minor in Possession of Alcohol."

### 04/20/11 6:38 PM 11-083651 Skopabsh Village Warrant Arrest

An adult female was observed by a deputy trying to get into a house with a crowbar. No crime had occurred but the female had a misdemeanor warrant from McCleary Police for "Failure to Appear for Driving While License Suspended in the Third Degree" with an \$800 bail. The female was arrested and booked into the King County Jail on the warrant.

### 04/21/11 10:00 AM 11-084085 Muckleshoot Indian Reservation Rape of a Child

Child Protective Services (CPS) referral for a child claiming to have been raped. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 04/21/11 1:33 PM 11-084277 Davis Property Juvenile Runaway

A mother reported their juvenile child as a runaway.

### 04/21/11 11:45 PM 11-083923 Skopabsh Village Liquor Violation

Deputies were dispatched to a disturbance. Deputies were told that an adult/minor male (under 21) was on the Auburn-Enumclaw RD SE acting crazy. The male was contacted at his house in Skopabsh Village. The male was intoxicated with the odor of alcohol coming from his breath. The male was charged with "Minor Under the Influence of Alcohol."

### 04/24/11 2:20 AM 11-086481 SE 376 ST/Auburn-Enumclaw RD SE Warrant Arrest

An adult male was contacted walking along the Auburn-Enumclaw RD SE. The male had a misdemeanor warrant from King County for "Hit and Run" with a \$2,500 bail. The male was arrested and booked into the King County Jail on the warrant.

### 04/24/11 5:30 PM 11-086743 38500 block 172 AV SE Juvenile Run-away

A parent reported their child as a runaway; the child had last been seen on 04/23/11. The child was located by Auburn Police on 04/26/11.

### 04/25/11 4:44 PM 10-103619 Davis Property Trespass

An adult female had her trespass extended for another year from the Phillip Starr building at the request of the Tribal Administration.

### 04/27/11 3:16 PM 10-239584 Skopabsh Village Trespass

An adult female was removed from the Muckleshoot Tribal Housing Authority trespass list at the request of a Housing Authority staff member.

### 04/28/11 12:41 PM 11-089788 39900 block Auburn-Enumclaw RD SE Stolen Vehicle Recovery

A deputy located a car stolen from Seattle. An adult male suspect was seen at the vehicle, evidence was recovered that should identify the suspect.

### 04/29/11 10:00 AM 11-090418 Muckleshoot Indian Reservation Sex Offence

A referral from Child Protective Services (CPS) that a juvenile maybe being sexually assaulted. Details are being kept confidential due to the nature of the case and the ongoing investigation.

### 04/30/11 8:24 PM 11-091703 41400 block Auburn-Enumclaw RD SE Failure to Give Information

A deputy stopped a vehicle for a traffic violation. The adult male driver walked away from the deputy after being told to stop, walked into a house and locked the door behind him. Deputies were granted access to the house and took the male into custody. The male was booked into the King County Jail for "Failure to Stop and Give Information."

### 04/30/11 8:40 PM 11-091765 Cedar Village Trespass

A deputy observed an adult male in Cedar Village that had recently been trespassed from all Tribal Housing Authority property by the Muckleshoot Police and the Housing Authority. The male was arrested and booked into the King County Jail for "Trespass in the Second Degree."

### 05/02/11 2:50 AM 11-092631 Casino Warrant Arrest

A deputy escorted an adult male off the Bingo Hall property at the request of Bingo security. The male walked over to the Casino and the deputy re-contacted him. It was discovered that the male had a misdemeanor warrant from Tacoma for "Hit and Run" with a \$2,000 bail. The male was arrested on the warrant and transported to Fife where he was turned over to a Pierce County deputy for booking.

### 05/03/11 4:37 PM 11-093884 Resource Center Warrant Arrest

A deputy received information that an adult male with a felony warrant for two counts of "Failure to Register as a Sex Offender" from the King County Superior Court with a \$60,000 bail was at the Resource Center. The male was located, arrested on the warrant and booked into the King County Jail.

### 05/03/11 6:11 PM 11-093967 14700 block SE 368 PL Missing Person

An elder female reported her adult son missing since 05/01/11.

### 05/04/11 9:00 AM 11-094489 Muckleshoot Tribal School Trespass

An adult male stopped at the front gate of the school and started yelling at a school security officer, using inappropriate language and wanting to fight the officer. The school deputy was called; he contacted the male leaving the school's property. With agreement with the school's principal the male was trespassed from the school's property for a period of one year.

### 05/04/11 2:33 PM 11-094674 40300 block Auburn-Enumclaw RD SE Fraud

An adult female has guardianship of a juvenile through Indian Child Welfare (ICW.) The female reported fraud involving the Department of Social and Human Services (DSHS) account for the child. The female believes the juvenile's biological mother is committing the fraud. Two other adult females each have guardianship of a child of the biological mother; both have had suspicious activity involving the children's care.

### 05/06/11 10:00 AM Muckleshoot Indian Reservation Child Abuse

Child Protective Services (CPS) referral of a juvenile who is being verbally abuse by relatives who have an alcohol problem. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 05/06/11 10:45 AM 11-096274 Muckleshoot Tribal School Warrant Arrest

The school deputy discovered that a juvenile student had two misdemeanor warrants, one for a drug violation and one for "Theft in the Third Degree." The juvenile was taken into custody and booked into the Juvenile Detention Center.

### 05/06/11 8:10 PM 11-096694 Auburn Way S/SE Muckleshoot Plaza Overdose

A deputy contacted a male walking on Auburn Way S and yelling at cars as they drove by, the deputy detained the male. The male asked if he could take a pill to prevent a seizure, the deputy told him he could take one. The male put about 50 of the pills into his mouth, the deputy was able to get about ten of the pills out of his mouth. The male was transported to the hospital for medical treatment.

### 05/07/11 7:19 PM 11-097380 Davis Property Theft

Two known adult males were observed by a witness stealing three boat anchors and two anchor chains from a yard. The deputy could not locate the suspects at the time of the report. Charges are pending.

### 05/09/11 9:00 PM 11-099000 Auburn Way S/Muckleshoot Plaza Warrant Arrest

An adult male was contacted in a vehicle stopped for a license violation. The male had a felony warrant out of Kittitas County for "Obstructing a Court Order" and two misdemeanor warrants. The male was arrested and booked into the King County Jail on the felony warrant.

### 05/10/11 3:45 PM 11-098703 41400 block Auburn-Enumclaw RD SE Theft

An elder female let her adult granddaughter, two children and juvenile boyfriend move into her house as they were homeless and had no where else to go. A handgun, \$550 in cash, a payroll check for \$421, purse, coin purse and house keys have all been stolen since the move in. Muckleshoot Police are working on the case, the Senior Center, Adult Protective Services (APS) and Child Protective Services (CPS) are aware of the circumstances.

### 05/11/11 10:00 AM Muckleshoot Indian Reservation Child Neglect

A Child Protective Services (CPS) referral of an adult female with two children is abusing drugs. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 05/11/11 1:06 PM 11-100427 Muckleshoot Indian Reservation Child Molestation

A detective was contacted by an Indian Child Welfare (ICW) worker about molestation of one juvenile and sexual behavior of another juvenile in the home. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 05/11/11 3:55 PM 11-062018 Skopabsh Village Trespass

An adult male was removed from the trespass list of tribal housing at the request of a Tribal Housing Authority staff member.

### 05/12/11 12:24 AM 11-100896 16600 block SE 384 ST Auto Theft

An adult male victim reported that two known adult males and an unknown male and female stole the car he was driving when he went into his house and left them in the car. A gun may or may not have been pointed at the victim at some point, the victim kept changing his story on the gun. Case is being investigated.

### 05/12/11 10:30 AM 11-101139 Muckleshoot Tribal School Trespass

The school deputy trespassed an adult male from the Muckleshoot Tribal School and the Muckleshoot Tribal College at the request of administrators from both schools as the male has been causing disturbances at both schools.

### 05/12/11 10:46 AM 11-101966 Muckleshoot Indian Reservation Child Abuse

While a detective was investigating a sex offence against a juvenile she became aware of child abuse against the same juvenile and their juvenile sibling. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 05/12/11 3:00 PM 11-051701 38700 block 160 DR SE Juvenile Run-away Located

An Indian Child Welfare case worker reported that a juvenile who is a ward of the tribe and previously listed as a runaway has been located and is in temporary placement. The juvenile was removed from the runaway file.

### 05/13/11 3:00 PM 11-102274 2400 block 17 DR SE Theft

A juvenile reported that her mother, who she only stays with on weekends, stole her Nintendo DSi and four cartridges in March and pawned them. A Muckleshoot deputy located the game and cartridges at a nearby pawn shop. The deputy is still trying to contact the mother.

### 05/13/11 3:19 PM 11-102251 39000 block 171 AV SE Stalking/Harassment

This case involves the same trespassed adult male from the Muckleshoot Tribal School on 05/12/11 and later in the day from all Tribal Administrative Campus' on 05/13/11. This case documents harassing and threatening telephone calls by the male to the Tribal Schools and to Human Resources.

### 05/13/11 5:56 PM 11-101139 Muckleshoot Administration Campus Trespass

The same adult male trespassed from the Muckleshoot Tribal School and Tribal College on 05/12/11 was trespassed from all Muckleshoot Tribal Administration buildings at the request of a tribal administrator due to rising concerns.

### 05/15/11 11:00 PM 11-103965 17800 block SE 408 ST Mental Complaint

Police were called to a house for a verbal argument between an adult female and her juvenile sibling that she has custody of. No crime had been committed but the juvenile was making suicidal comments. The juvenile agreed to go voluntarily to the hospital to take with a mental health professional, she was transported by a private ambulance.

### 05/16/11 1:39 AM 11-104015 17600 block SE 408 ST Burglary

The adult male owner of a fireworks stand heard a noise outside then saw a male crawling out of a window of the stand. The male suspect left in a vehicle. When the deputy inspected the stand it was not damaged in any way, nothing appeared disturbed or missing and no point of entry was found.

### 05/16/11 9:30 AM 11-104211 Muckleshoot Administrative Campus Trespass

An adult male non-tribal member was trespassed from all Muckleshoot Tribal Administrative buildings for a period of one year at the request of a tribal administrator due to his increasing erratic behavior.

### 05/16/11 12:16 PM 11-104312 Skopabsh Village Attempted Burglary

On 05/14/11 after being gone for the day a family returned home and discovered the doorknob on the backdoor was damaged and there were pry marks on the door frame. No entry had been made into the house.

### 05/16/11 3:10 AM 11-104446 41200 block 180 AV SE Theft

An adult male reported that his had four aluminum and one chrome 35" 1250/15 wheels stolen from his backyard sometime since 05/08/11.

### 05/16/11 7:15 PM 11-104628 16500 block SE 392 ST Warrant Arrest

An adult female was contacted during a traffic stop. The female had a misdemeanor warrant from Kirkland Municipal Court for "Failure to Transfer Title Within 45 Days" with a \$1,500 bail. The female was arrested on the warrant and transported to a Kirkland officer who took custody of her.

### 05/16/11 8:20 PM 11-104657 2400 block 17 DR SE Warrant Arrest

Deputies searched a house for an adult male with a felony warrant out of King County Superior Court for "Failure to Register as a Kidnapping Offender" with a \$60,000 bail and two misdemeanor warrants out of Auburn, one for "Theft in the Third Degree" with a \$5,000 bail and one for "Criminal Attempt." The male was found hiding in a closet under a pile of clothing. The male was booked into the King County Jail on the warrants.

### 05/16/11 11:00 PM 11-104809 King George Property Warrant Arrest

A deputy observed an adult male walking through the fireworks stand area and contacted him. The male had a felony warrant out of Jefferson County for a drug violation. The male was arrested on the warrant and booked into the King County Jail.

### 05/17/11 10:00 AM 11-105252 Muckleshoot Indian Reservation Rape

Child Protective Services (CPS) referral involving the rape of a juvenile. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 05/17/11 5:40 PM 11-105337 37300 block Auburn-Enumclaw RD SE Assault

Deputies were called to a house for a physical domestic disturbance. A young adult male and a young adult female were contacted; they had been in a dating relationship and lived together. Both persons had minor injuries and the male had an old injury aggravated. A primary aggressor could not be determined. A case report was sent to the prosecutor's office for review and consideration of charges.

### 05/17/11 9:30 PM 11-105619 Skopabsh Village Warrant Arrest

An adult female was contacted in a house during a welfare check. The female had a misdemeanor warrant from Auburn Municipal Court for "Failure to Appear for Driving While License Suspended in the Third Degree" with a \$500 bail. The female was arrested on the warrant and booked into the Auburn Jail.

### 05/17/11 11:02 PM 11-105689 Skopabsh Village Mental Complaint

Deputies were called to a house where an intoxicated adult male took medication in an attempt to harm or kill himself after fighting with his girlfriend. The male regretted taking the medication and called family for help. A deputy sent the male to the hospital via a private ambulance for medical attention and a mental health evaluation.

### 05/19/11 1:00 PM 11-107051 Muckleshoot Tribal School Drug Violation

It was reported to the school deputy that the day before an adult male tried to sale Vicodin at the school.

### 05/20/11 11:00 AM 11-107871 Muckleshoot Tribal School Assault

A juvenile assaulted a school security officer after the security officer confiscated their cell phone for using it in class. The student then punched a hole in a wall. The school's deputy was called; the juvenile was detained and later released to their aunt. The student is being charged with "Assault in the Fourth Degree" and "Vandalism."

### 05/20/11 4:54 PM 11-108107 17200 block SE 400 ST Theft

An adult female reported that the day before her cell phone was stolen from her house. The victim suspects and adult male of taking the phone who had been a quest in the house and was asked to leave. The deputy attempted to contact the male but was not able to locate him.

### 05/22/11 2:27 AM 11-109204 Skopabsh Village Burglary

An adult female returned home after being gone for over twelve hours and discovered her 42" black flat panel TV missing from her bedroom.

### 05/22/11 7:10 PM 11-109590 White River Amphitheatre Burglary

A deputy responded to an alarm at the amphitheatre, there had been a burglary. Three young adult males and one juvenile were detained near the amphitheatre property in a vehicle. The juvenile was arrested on a Kent misdemeanor warrant and booked into the Youth Services Center on the warrant. The investigation is still in process.

### 05/22/11 7:30 PM 11-110091 17500 block SE 411 LN Suspicious Circumstance

Public Works staff observed an adult male checking out wire at a construction area, the male claimed to be from the contractor. The male quickly left in a pickup truck. A Public Works staff member called the construction company; they said they had no one at the site. The staff member took a picture of the truck and its license plate.

### 05/23/11 10:00 AM Muckleshoot Indian Reservation Child Abuse

A Child Protective Services (CPS) referral of a parent hitting their juvenile child while the parent is intoxicated. Details are being kept confidential due to the nature of the case and an ongoing investigation.

### 05/23/11 11:36 PM 11-110081 Skopabsh Village Burglary

An adult female reported that on 05/22/11 she left home for a couple of hours leaving an adult and older juvenile son at home sleeping, an adult daughter was also at the house. The daughter left the house but did not lock the door behind her. A black XBOX 360 was stolen from the house during this time frame.

### 05/23/11 11:35 PM 11-110585 40000 block 180 AV SE Abandoned Vehicle

Deputies were called to a mobile home completely blocking the south bound lane of 180 AV SE. The trailer was filled with garbage and had no identifying numbers on it. The mobile home was obviously dumped/abandoned at the location. Deputies had the trailer towed away.

### Traffic Stops

Twenty Nine (29)

**CULTURAL WELLNESS GATHERINGS**

**AA Meeting Time**

Muckleshoot Recovery House Mondays 12:00 Noon  
39225 180<sup>th</sup> Ave. SE,  
Auburn, WA 98092

**Feather Healing Circle**

39015 172<sup>nd</sup> Avenue SE Tuesdays 5:00 pm  
Auburn, WA

**Grief and Loss**

**Grief and Loss Support Group** Wednesday's 6:00pm -8:00pm.  
Behavioral Health, Bear Lodge

**Women's Group**

Muckleshoot Tribal College Thursdays 5:00 pm

**Boys Mentoring Group**

Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00pm

**Al-Anon Meetings**

Auburn First United Methodist Church Monday 10:30 a.m.  
E. Main & N St. S.E.  
Auburn, WA 98002

**Federal Way Sunrise**

United Methodist Church Monday 6:30 pm  
150 S. 356th St.  
Federal Way, WA 98003



Are you tired of your hard earned rent money going in to someone else's pocket, why not buy now and invest in a new home? This is a great opportunity for Muckleshoot tribal members to put your money towards something that you and your family will be able to cherish for years to come. Please come buy the Phillip Starr and pick up an application in the Home Loan Department.

For more information please contact:

**Cheryl O'Brien @253-876-3154 or  
Maritza Munoz @253-876-2902**

**MUCKLESHOOT INDIAN CASINO**

You can now apply for jobs ON-LINE

Visit [www.muckleshootcasino.com](http://www.muckleshootcasino.com) and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:  
Monday – Wednesday 9am to 6pm  
Thursday 9am to 9pm  
Friday 9am to 5pm  
HR Phone Number 253-929-5128



**2011 Per Capita Deadlines and Schedule**

- June 30, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund
- July 8, 2011 - Deadline for Information to be turned in to Tax Fund from Tribal Programs
- August 12, 2011 - Deadline to stop taking Direct Deposit Changes/Cancellations
- August 31, 2011 - Enrollment Cut Off Date for Dec 2011 Per Capita
- September 6, 2011 - Per Capita Distribution
- September 7, 2011 - Per Capita Distribution
- September 8, 2011 - Per Capita Distribution
- September 30, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund
- October 7, 2011 - Deadline for Information to be turned in to Tax Fund from Tribal Programs
- November 10, 2011 - Deadline to stop taking Direct Deposit Changes/Cancellations
- November 30, 2011 - Enrollment Cut Off Date for March 2011 Per Capita
- December 6, 2011 - Per Capita Distribution
- December 7, 2011 - Per Capita Distribution
- December 8, 2011 - Per Capita Distribution
- December 31, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund

If you have any questions or concerns, please contact Heather Evans at 253-876-3189.

**Come work for Your Tribe and make a difference!!!**

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.



Also see our opening on-line at [www.muckleshoot.nsn.us](http://www.muckleshoot.nsn.us)

Visit the Muckleshoot Tribe's

**NEW WEBSITE!**



[www.muckleshoot.nsn.us](http://www.muckleshoot.nsn.us)

*Have you ever considered a career in*  
**gaming regulation?**

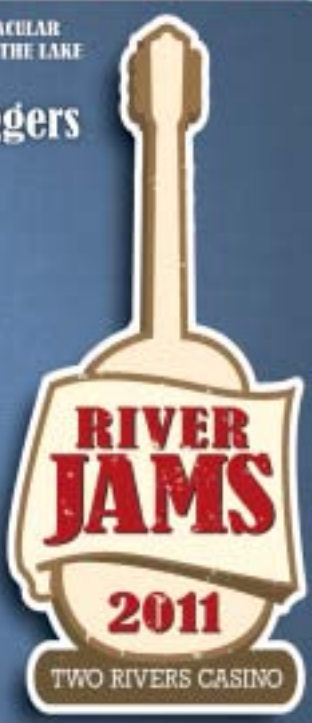
**THE MUCKLESHOOT GAMING COMMISSION**

regularly posts openings at the Casino, Tribal Headquarters, and the Commission office. Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.



Two Rivers Casino & Resort Presents  
**9 BANDS. 2 RIVERS.**

- The Fat Tones** July 2nd
- Too Slim and the Tail Draggers** July 9th
- 8 Second Ride** July 16th
- Soul Proprietor** July 23rd
- Hot Rod Deluxe** July 30th
- Ryan Larsen Band** Aug. 6th
- Big Mumbo Blues Band** Aug. 13th
- Kelly Hughes Band** Aug. 20th
- Sammy Eubanks** Aug. 27th



FREE ADMISSION - PLEASE BRING 3 CANS OF NON-PERISHABLE FOOD TO BENEFIT 2<sup>nd</sup> HARVEST FOOD BANK  
No outside alcohol allowed. Beer garden on-site. Vendor contact: Danny Kinsley (800) 722-0021

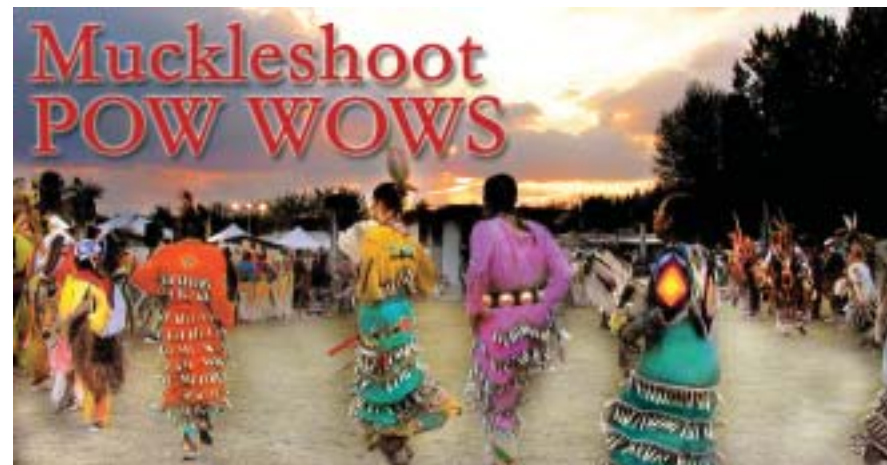
Two Rivers Casino is Eastern Washington's lakefront retreat, with luxury amenities, 100+ RV hookups, cabins and campsite. 6828 W. HWY 25 SOUTH DAVENPORT, WA 99122  
1 (800) 954-2WIN TWO-RIVERS-CASINO.COM

**FIREWORKS SHOW July 2<sup>nd</sup>**

\*Two Rivers Casino and Resort is not responsible for accidents or injuries. Where the rivers meet the sun!

**EVENTS CALENDAR**

- June 18** **Gathering Classes** - 10 - 4 pm, Renee Lozier Rojas 253-876-3292
- June 18** **Keta Creek Kid's Fishing Derby.** For Tribal Members and their Families, fishing for kids 12 and under; Breakfast 8:30; Fishing 10-noon; Lunch 11:30; at Keta Creek Hatchery; info: Gail Larsen 253-876-3178
- June 21** **Blessing Ceremonies** - 10:00 am – Site Blessing for new new Elders Facility  
11:00 am – Blessing of new Police Station
- June 24** **First Fish Dinner & Ceremony** - 3pm at Pentecostal Church.
- June 24-26** **10th Annual Muckleshoot Veterans Pow Wow.** Call 253-876-3327
- July 17** **Canoes arrive at Squaxin Island**
- July 18** **Canoes arrive at Nisqually**
- July 19** **Canoes arrive at Puyallup**
- July 20** **Canoes arrive at Alki Beach**
- July 21** **Canoes arrive at Suquamish**
- July 22-24** **13th Annual Sobriety Pow Wow.** Muckleshoot Pow Wow Grounds. Call Dee Williams at 253-939-6648 for more info.
- July 22-24** **Ducks Youth Mixed Softball Tourney.** Muckleshoot Fields. Call Tammy James for more info at 253-217-2198
- July 22-24** **Ducks Adult Open Co-Ed Softball.** Muckleshoot Fields. Call Tammy James for more info at 253-217-2198
- July 23** **Canoes arrive at Tulalip**
- July 24** **Canoes arrive at Coupeville**
- July 25** **Canoes arrive at Swinomish,** where hosting continues through Saturday, 7/30
- July 27** **Free Septic System Maintenance Class** from 5:30 - 7:30 Cougar Room. Call 253-876-3147 for more information.
- July 28** **Muckleshoot's Got Talent** from 5:00 - 7:30 at the Muckleshoot Wellness Center
- August 10** **Taste At Muckleshoot,** 4:00-7:00 PM, White River Amphitheatre
- August 13** **Keta Creek Family Fishing Derby.** For Tribal Members and their Families, fishing for all ages; Breakfast 8:30, Fishing 10-noon, Lunch 11:30; at Keta Creek Hatchery; Info: Gail Larsen 253-876-3178
- August 19-21** **35th Annual Skopabsh Pow Wow,** Muckleshoot Pow Wow Ground
- August 26-28** **Yakama Legends Casino Pow Wow**
- September 24** **Keta Creek Fall Classic Fishing Derby.** For Tribal Members and their Families, fishing for all ages; Breakfast 8:30, Fishing 10-noon, Lunch 11:30; at Keta Creek Hatchery; Info: Gail Larsen 253-876-3178



- June 24-26 - 10th Annual Muckleshoot Veterans Pow Wow**
- July 22-24 - 13th Annual Sobriety Pow Wow**
- Aug. 19-21 - 35th Annual Skopabsh Pow Wow**

# Kari Hutchens – AKA Li'l Hutch Racer Girl – Heads for the Nationals

Who says girls can't race motorcycles? Not Kari Hutchens, that's for sure.

Kari made the choice to switch up her racing style after 2 1/2 years of racing a quad to a dirt bike (motorcycle) and has adapted well to this change-racing bikes. Kari has been racing motorcycles for about 1 1/2 year now and is steadily making improvements in her riding. Starting on a 50cc bike, then skipping the 65cc class due to her height and moving straight into the 85cc class, Kari now has to race against riders as old as 16 years – not bad for a 9-year-old girl!

This winter Kari competed in the WHR Motorsports Northwest Arena cross National which is an Indoor Motocross Racing (indoor dirt track with straights, jumps, table tops, and burms). There were 10 races in this series so she has been racing all over the state of Washington (Monroe, Lynden, and Pasco) and she missed two races due to snowy roadways.

While not always the fastest rider on the track, she always tried her hardest and despite one hard crash she won one race. She was persistent and continued to finish the season as the Beginner 85cc 9-12 year old Class CHAMPION.

Kari then went on to race and took 1st Place in the Girls Beginner 85cc 9-12 year old Class at the local qualifier race for the Loretta Lynn's Amateur National Championship. (In the motocross world, this race – Loretta Lynn – is a BIG DEAL! It's how many riders make themselves known to sponsors and get into Super Motocross).

She will be racing the Regional Qualifier on May 28-29, 2011 in Washougal, WA, and hopes to win and go to the National race at the Loretta Lynn Ranch in Tennessee!!!

Kari and her Dad Larry would like to give a BIG THANK YOU to all of her sponsors for the 2011 racing season: SPY goggles, Supersprox USA, Twin Air Filters, ASU Levers, and Leatt Neckbraces, to her mom Fawn Hutchens and all our Family and Friends who bought and sport stickers and sweatshirts!!! THANK YOU FOR YOUR SUPPORT!!!

## Fawn Hutchens

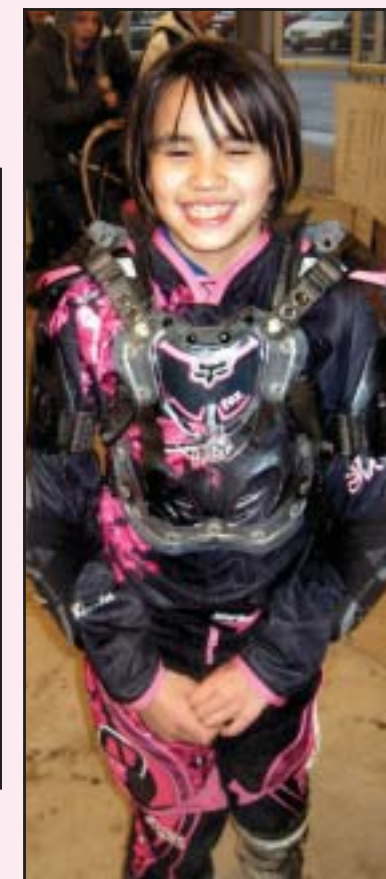
**UPDATE:** Kari has since raced in the Loretta Lynn Amateur Regional Qualifier for 9-11 year old Girls Class. It was her and one other girl in the class which automatically qualifies her to go to the National Race in Tennessee at the Loretta Lynn Ranch Aug 1-6, 2011. We will know by the week of July 11<sup>th</sup> how many other girls she will race against. So far it's been pretty small – just 1-2 girls. You can read more at: <http://www.lorettalynnranh.net/main/?p=49>

So Kari's persistence in showing up and running in these races is paying off. This race is a big deal. She will have to race for 30 minutes straight in hot weather so we are hoping with more practice and bike time she will do good.

More importantly – We want to thank all of you for your support this past nine months during her motocross season! Keep us in your prayers for safe travel to Tennessee, and that Kari continues to have injury-free races!!



Kari and her bike.



Kari waiting for heat race in Lynden.



LLQ starting gate.



Kari jumping in Lynden.



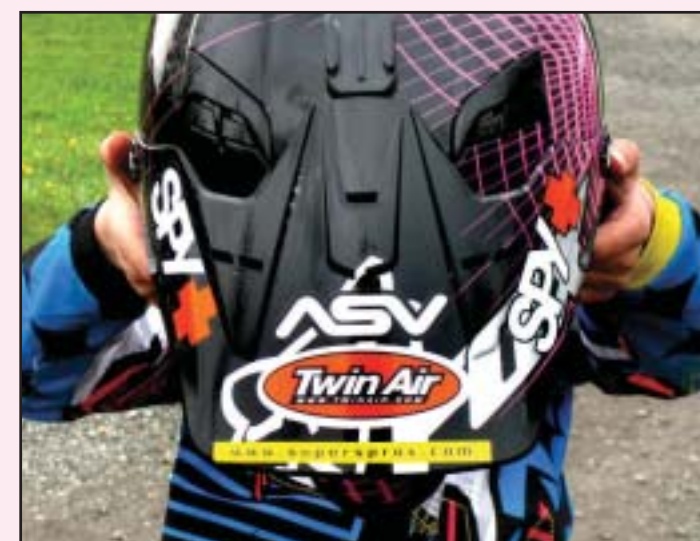
Loretta Lynn Qualifier line up.



Kari with her WRH trophies.



Loretta Lynn Qualifier Trophies.



Sponsors



Sizing up the LLQ women's competition.



# Trenton Eyle Completes the Sound to Narrows 2011



June 17  
Happy birthday  
Kelly Kinggeorge  
May you have many more  
love always MOM  
Sister Sandi & Wilson,  
Jeremiah, Kaylee, Darius,  
Theron, Kiona, and  
Son Jaden



Trenton and his sister Nekole Bargala at the Sound to Narrows race.



This is Trenton Eyle racing at Sound to Narrows on June 11, 2011.



Here comes Trenton to the finish line!



Trenton with his therapist from Mary Bridge Children's Hospital, Valerie Weickmann. Val has been Trenton's physical therapist for over 11 years. Trenton just turned 13 on June 10, 2011.

JUNE 3, 2011  
Happy 2nd  
birthday Natalia,  
from your  
Mommy & Family!

